

Claremont USD School Food Services

CLA

000452 - FROSTED FLAKES

Recipe HACCP Process: #1 No Cook

Source: CLA
 Number of Portions: 1
 Size of Portion: EACH

900198s FROSTED FLAKES.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH)

Calories	220 kcal	Cholesterol	0.00 mg	Protein	3.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	320.00 mg	Vitamin A	250.00 RE	Iron	8.10 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	50.00 g	Vitamin A	1250.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	27.00 mg	Ash ¹	*N/A* g	90.91%	Calories from Carbohydrates
								5.46%	Calories from Protein

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Claremont USD School Food Services

CUSD

000244 - 6 INCH SUBWAY TURKEY SANDWICH

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: 6 Inch Subway Turkey

900270s 6 Inch Subway Turkey Breast Sandwich.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	319 kcal	Cholesterol	35.30 mg	Protein	20.20 g	Calcium	118.80 mg	23.14%	Calories from Total Fat
Total Fat	8.20 g	Sodium	1456.00 mg	Vitamin A	27.80 RE	Iron	4.50 mg	10.72%	Calories from Sat Fat
Saturated Fat	3.80 g	Carbohydrate	45.50 g	Vitamin A	139.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.90 g	Vitamin C	12.90 mg	Ash ¹	*N/A* g	57.05%	Calories from Carbohydrates
								25.33%	Calories from Protein

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Claremont USD School Food Services

000263 - 6 INCH SUBWAY HAM SANDWICH

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: 6 Subway
Ham Sandwich

900271s 6 Inch Subway Ham Sandwich.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	312	kcal	Cholesterol	30.40	mg	Protein	20.20	g	Calcium	120.80	mg	21.64%	Calories from Total Fat
Total Fat	7.50	g	Sodium	1198.00	mg	Vitamin A	27.80	RE	Iron	4.40	mg	9.81%	Calories from Sat Fat
Saturated Fat	3.40	g	Carbohydrate	45.00	g	Vitamin A	139.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	3.90	g	Vitamin C	12.90	mg	Ash ¹	*N/A*	g	57.69%	Calories from Carbohydrates
												25.90%	Calories from Protein

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Claremont USD School Food Services

000104 - APPLE PIE TURNOVER - CUTIE PIE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990127s APPLE PIE TURNOVER - CUTIE PIE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	297 kcal	Cholesterol	0.00 mg	Protein	3.10 g	Calcium	20.00 mg	28.18%	Calories from Total Fat
Total Fat	9.30 g	Sodium	335.00 mg	Vitamin A	90.00 RE	Iron	1.80 mg	7.88%	Calories from Sat Fat
Saturated Fat	2.60 g	Carbohydrate	52.40 g	Vitamin A	450.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.40 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	70.57%	Calories from Carbohydrates
								4.18%	Calories from Protein

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Claremont USD School Food Services

000499 - APPLES SLICED

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900296s APPLES SLICED.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	34	kcal	Cholesterol	0.00	mg	Protein	0.00	g	Calcium	10.00	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	0.00	mg	Vitamin A	10.00	RE	Iron	0.18	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	8.00	g	Vitamin A	50.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	123.60	mg	Ash ¹	*N/A*	g	94.12%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000374 - BAGEL - BREAKFAST PIZZA

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: TONY
ROBERT'S 78976

900150s BAGEL - BREAKFAST PIZZA.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	192 kcal	Cholesterol	15.00 mg	Protein	11.65 g	Calcium	217.00 mg	26.76%	Calories from Total Fat
Total Fat	5.71 g	Sodium	383.00 mg	Vitamin A	73.00 RE	Iron	1.59 mg	14.11%	Calories from Sat Fat
Saturated Fat	3.01 g	Carbohydrate	23.16 g	Vitamin A	365.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.90 g	Vitamin C	3.80 mg	Ash ¹	0.00 g	48.25%	Calories from Carbohydrates
								24.27%	Calories from Protein

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Claremont USD School Food Services

000493 - BAGEL - PLAIN - TONY ROBERTS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900228s BAGEL - PLAIN - TONY ROBERTS.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	234 kcal	Cholesterol	0.00 mg	Protein	8.00 g	Calcium	13.00 mg	4.27%	Calories from Total Fat
Total Fat	1.11 g	Sodium	329.00 mg	Vitamin A	0.00 RE	Iron	2.70 mg	1.42%	Calories from Sat Fat
Saturated Fat	0.37 g	Carbohydrate	48.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	82.05%	Calories from Carbohydrates
								13.67%	Calories from Protein

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Claremont USD School Food Services

000523 - BANANA CHOC. CHUNK BREAKFAST B

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900320s BANANA CHOC. CHUNK BREAKFAST BAR.... 1 (71 GRAMS)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	280 kcal	Cholesterol	15.00 mg	Protein	5.00 g	Calcium	20.00 mg	25.72%	Calories from Total Fat
Total Fat	8.00 g	Sodium	220.00 mg	Vitamin A	0.00 RE	Iron	0.90 mg	9.64%	Calories from Sat Fat
Saturated Fat	3.00 g	Carbohydrate	48.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	68.57%	Calories from Carbohydrates
								7.14%	Calories from Protein

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Claremont USD School Food Services

000535 - BARBECUED CHICKEN CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901884s BARBECUED CHICKEN CUSD.... 1 EACH SERVINGS

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	295 kcal	Cholesterol	86.02 mg	Protein	27.24 g	Calcium	27.04 mg	41.10%	Calories from Total Fat
Total Fat	13.47 g	Sodium	476.00 mg	Vitamin A	98.39 RE	Iron	1.60 mg	11.27%	Calories from Sat Fat
Saturated Fat	3.69 g	Carbohydrate	15.87 g	Vitamin A	491.97 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.50 g	Vitamin C	5.09 mg	Ash ¹	*N/A* g	21.52%	Calories from Carbohydrates
								36.94%	Calories from Protein

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Claremont USD School Food Services

000517 - BBQ MINI TWIN BEEF RIB

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900314s BBQ MINI TWIN BEEF RIB.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	410 kcal	Cholesterol	30.00 mg	Protein	19.00 g	Calcium	60.00 mg	32.93%	Calories from Total Fat
Total Fat	15.00 g	Sodium	680.00 mg	Vitamin A	20.00 RE	Iron	2.70 mg	9.88%	Calories from Sat Fat
Saturated Fat	4.50 g	Carbohydrate	52.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	50.73%	Calories from Carbohydrates
								18.54%	Calories from Protein

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Claremont USD School Food Services

000495 - BEANS CASA SOLANA

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900292s BEANS CASA SOLANA.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	110 kcal	Cholesterol	*N/A* mg	Protein	6.00 g	Calcium	20.00 mg	20.46%	Calories from Total Fat
Total Fat	2.50 g	Sodium	280.00 mg	Vitamin A	0.00 RE	Iron	3.24 mg	4.09%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	17.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	6.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	61.82%	Calories from Carbohydrates
								21.82%	Calories from Protein

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Claremont USD School Food Services

000541 - BEEF AND BEAN TAMALE PIE CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901890s BEEF AND BEAN TAMALE PIE CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	268 kcal	Cholesterol	39.00 mg	Protein	15.96 g	Calcium	247.00 mg	31.00%	Calories from Total Fat
Total Fat	9.23 g	Sodium	630.00 mg	Vitamin A	201.80 RE	Iron	3.26 mg	12.09%	Calories from Sat Fat
Saturated Fat	3.60 g	Carbohydrate	31.51 g	Vitamin A	1009.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.20 g	Vitamin C	12.30 mg	Ash ¹	*N/A* g	47.03%	Calories from Carbohydrates
								23.82%	Calories from Protein

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Claremont USD School Food Services

000521 - BISCUIT CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900318s BISCUIT CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180	kcal	Cholesterol	0.00	mg	Protein	4.00	g	Calcium	200.00	mg	30.00%	Calories from Total Fat
Total Fat	6.00	g	Sodium	620.00	mg	Vitamin A	0.00	RE	Iron	1.80	mg	7.50%	Calories from Sat Fat
Saturated Fat	1.50	g	Carbohydrate	28.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	62.22%	Calories from Carbohydrates
												8.89%	Calories from Protein

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Claremont USD School Food Services

000482 - BREAD - HAMBURGER BUN - 3.5"

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GALASSO'S

990146s BREAD - BUN - HAMBURGER - 3.5".... 1 BUN

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140 kcal	Cholesterol	0.00 mg	Protein	6.00 g	Calcium	40.00 mg	12.86%	Calories from Total Fat
Total Fat	2.00 g	Sodium	250.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	26.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	*N/A* g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	74.29%	Calories from Carbohydrates
								17.14%	Calories from Protein

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Claremont USD School Food Services

000488 - BREAD - HAMBURGER BUN - 4"

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GALASSO'S

900221s BREAD - BUN - HOT DOG - 6".... 1 BUN

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140 kcal	Cholesterol	0.00 mg	Protein	6.00 g	Calcium	60.00 mg	12.86%	Calories from Total Fat
Total Fat	2.00 g	Sodium	240.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	26.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	74.29%	Calories from Carbohydrates
								17.14%	Calories from Protein

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Claremont USD School Food Services

000483 - BREAD - HOT DOG BUN- 6"

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GALASSO'S

900221s BREAD - BUN - HOT DOG - 6".... 1 BUN

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140 kcal	Cholesterol	0.00 mg	Protein	6.00 g	Calcium	60.00 mg	12.86%	Calories from Total Fat
Total Fat	2.00 g	Sodium	240.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	26.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	74.29%	Calories from Carbohydrates
								17.14%	Calories from Protein

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Claremont USD School Food Services

000481 - BREAD - WHITE - 1.235 OZ SLICE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GALASSO'S

900219s BREAD - WHITE BREAD- 1.235 SLICE.... 1 SLICE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	90 kcal	Cholesterol	0.00 mg	Protein	3.00 g	Calcium	19.99 mg	10.00%	Calories from Total Fat
Total Fat	1.00 g	Sodium	169.94 mg	Vitamin A	0.00 RE	Iron	1.08 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	16.99 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	75.56%	Calories from Carbohydrates
								13.33%	Calories from Protein

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Claremont USD School Food Services

000075 - BREAKFAST BAR

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

Alternate Menu Name:
 LEABO - BB2572

990118s BREAKFAST BAR.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	238	kcal	Cholesterol	25.00	mg	Protein	2.00	g	Calcium	60.00	mg	16.75%	Calories from Total Fat
Total Fat	4.43	g	Sodium	180.00	mg	Vitamin A	2.00	RE	Iron	1.80	mg	3.10%	Calories from Sat Fat
Saturated Fat	0.82	g	Carbohydrate	36.00	g	Vitamin A	10.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	60.50%	Calories from Carbohydrates
												3.36%	Calories from Protein

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Claremont USD School Food Services

000513 - BROCCOLI CUSD

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVINGS

900311s BROCCOLI CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVINGS)

Calories	50	kcal	Cholesterol	0.00	mg	Protein	4.00	g	Calcium	60.00	mg	9.00%	Calories from Total Fat
Total Fat	0.50	g	Sodium	70.00	mg	Vitamin A	100.00	RE	Iron	0.72	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	9.00	g	Vitamin A	500.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	4.00	g	Vitamin C	120.00	mg	Ash ¹	*N/A*	g	72.00%	Calories from Carbohydrates
												32.00%	Calories from Protein

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Claremont USD School Food Services

000549 - BROWNIES CUSD MADE FROM SCRATC

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901899s BROWNIES CUSD MADE FROM SCRATCH.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	151 kcal	Cholesterol	29.00 mg	Protein	2.40 g	Calcium	25.00 mg	37.73%	Calories from Total Fat
Total Fat	6.33 g	Sodium	108.00 mg	Vitamin A	8.80 RE	Iron	1.00 mg	10.55%	Calories from Sat Fat
Saturated Fat	1.77 g	Carbohydrate	23.22 g	Vitamin A	44.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.40 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	61.51%	Calories from Carbohydrates
								6.36%	Calories from Protein

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Claremont USD School Food Services

000528 - BROWNIES DAVE'S

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901877s BROWNIES CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	189 kcal	Cholesterol	1.50 mg	Protein	2.00 g	Calcium	0.10 mg	23.81%	Calories from Total Fat
Total Fat	5.00 g	Sodium	145.00 mg	Vitamin A	5.80 RE	Iron	0.70 mg	3.81%	Calories from Sat Fat
Saturated Fat	0.80 g	Carbohydrate	34.00 g	Vitamin A	29.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.60 g	Vitamin C	0.10 mg	Ash ¹	*N/A* g	71.96%	Calories from Carbohydrates
								4.23%	Calories from Protein

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Claremont USD School Food Services

000337 - BURRITO - BEAN & CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GOLDSTAR - 33212
 96 / 4.5 OZ

900158s BURRITO - BEAN & CHEESE - FERNANDO'S.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	310	kcal	Cholesterol	10.00	mg	Protein	16.00	g	Calcium	200.00	mg	26.13%	Calories from Total Fat
Total Fat	9.00	g	Sodium	580.00	mg	Vitamin A	80.00	RE	Iron	2.70	mg	11.61%	Calories from Sat Fat
Saturated Fat	4.00	g	Carbohydrate	40.00	g	Vitamin A	400.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	9.00	g	Vitamin C	3.60	mg	Ash ¹	0.00	g	51.61%	Calories from Carbohydrates
												20.65%	Calories from Protein

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Claremont USD School Food Services

000157 - BURRITO - BEAN CHS&GREEN CHILI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GOLDSTAR - LOS CABOS
48 / 5.75

900012s BURRITO - BEAN, CHEESE & GREEN CHILI.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	391	kcal	Cholesterol	18.17	mg	Protein	16.29	g	Calcium	170.30	mg	27.27%	Calories from Total Fat
Total Fat	11.84	g	Sodium	690.58	mg	Vitamin A	1.78	RE	Iron	3.96	mg	11.54%	Calories from Sat Fat
Saturated Fat	5.01	g	Carbohydrate	53.69	g	Vitamin A	213.08	IU	Water ¹	*N/A*	g	1.15%	Calories from Trans Fat
Trans Fat ¹	0.50	g	Dietary Fiber	6.03	g	Vitamin C	4.51	mg	Ash ¹	*N/A*	g	54.96%	Calories from Carbohydrates
												16.68%	Calories from Protein

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Claremont USD School Food Services

000021 - BURRITO - BREAKFAST

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990026s BURRITO - BREAKFAST.... 1 (3.75 OZ)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	250	kcal	Cholesterol	75.00	mg	Protein	8.00	g	Calcium	80.00	mg	43.20%	Calories from Total Fat
Total Fat	12.00	g	Sodium	470.00	mg	Vitamin A	60.00	RE	Iron	1.80	mg	14.40%	Calories from Sat Fat
Saturated Fat	4.00	g	Carbohydrate	26.00	g	Vitamin A	300.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	6.00	mg	Ash ¹	*N/A*	g	41.60%	Calories from Carbohydrates
												12.80%	Calories from Protein

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Claremont USD School Food Services

000045 - BURRITO - BREAKFAST EGG LSCABO

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: LOS CABOS
 96 / 3.20 OZ

990103s BURRITO - EGG & CHEESE & SAUSAGE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	196 kcal	Cholesterol	54.66 mg	Protein	8.80 g	Calcium	81.28 mg	22.54%	Calories from Total Fat
Total Fat	4.90 g	Sodium	376.98 mg	Vitamin A	42.74 RE	Iron	1.92 mg	8.55%	Calories from Sat Fat
Saturated Fat	1.86 g	Carbohydrate	28.73 g	Vitamin A	281.86 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.38 g	Vitamin C	2.87 mg	Ash ¹	*N/A* g	58.71%	Calories from Carbohydrates
								17.98%	Calories from Protein

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Claremont USD School Food Services

000073 - BURRITO - CHICKEN & RICE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH SERVING

Alternate Menu Name:
 JOSE OLE

72 / 6.52 OZ

990116s BRTO - CHICK.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	390	kcal	Cholesterol	30.00	mg	Protein	18.00	g	Calcium	*N/A*	mg	32.31%	Calories from Total Fat
Total Fat	14.00	g	Sodium	1220.00	mg	Vitamin A	0.00	RE	Iron	*N/A*	mg	9.23%	Calories from Sat Fat
Saturated Fat	4.00	g	Carbohydrate	46.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	47.18%	Calories from Carbohydrates
												18.46%	Calories from Protein

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Claremont USD School Food Services

000039 - BURRITO - TACO SNACK-BF CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: LOS CABOS - #94627
 96 / 6.25 OZ

990102s BURRITO - TACO SNACK- BEEF CHEESE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	452	kcal	Cholesterol	47.92	mg	Protein	20.47	g	Calcium	115.60	mg	34.69%	Calories from Total Fat
Total Fat	17.43	g	Sodium	661.94	mg	Vitamin A	487.89	RE	Iron	4.65	mg	13.43%	Calories from Sat Fat
Saturated Fat	6.75	g	Carbohydrate	52.72	g	Vitamin A	2.53	IU	Water ¹	*N/A*	g	1.22%	Calories from Trans Fat
Trans Fat ¹	0.61	g	Dietary Fiber	3.30	g	Vitamin C	1.30	mg	Ash ¹	*N/A*	g	46.63%	Calories from Carbohydrates
												18.11%	Calories from Protein

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Claremont USD School Food Services

000526 - BURRITO BN & CHS SENOR FELIX

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901875s BURRITO BEAN & CHEESE SENOR FELIX.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	280 kcal	Cholesterol	10.00 mg	Protein	2.00 g	Calcium	200.00 mg	22.50%	Calories from Total Fat
Total Fat	7.00 g	Sodium	650.00 mg	Vitamin A	200.00 RE	Iron	2.70 mg	8.04%	Calories from Sat Fat
Saturated Fat	2.50 g	Carbohydrate	40.00 g	Vitamin A	1000.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	5.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	57.14%	Calories from Carbohydrates
								2.86%	Calories from Protein

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Claremont USD School Food Services

000515 - CABBAGE

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900312s CABBAGE.... 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	7	kcal	Cholesterol	0.00	mg	Protein	0.36	g	Calcium	11.34	mg	3.60%	Calories from Total Fat
Total Fat	0.03	g	Sodium	5.10	mg	Vitamin A	3.69	RE	Iron	0.13	mg	1.22%	Calories from Sat Fat
Saturated Fat	0.01	g	Carbohydrate	1.64	g	Vitamin A	27.78	IU	Water ¹	26.13	g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.71	g	Vitamin C	10.38	mg	Ash ¹	0.18	g	92.80%	Calories from Carbohydrates
												20.48%	Calories from Protein

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Claremont USD School Food Services

000186 - CARMEL DIP

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

Alternate Menu Name:
 NATURALLY FRESH -
 200

900028s CARMEL DIP.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	100 kcal	Cholesterol	5.00 mg	Protein	0.00 g	Calcium	0.00 mg	36.00%	Calories from Total Fat
Total Fat	4.00 g	Sodium	130.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	13.50%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	15.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	4.50%	Calories from Trans Fat
Trans Fat ¹	0.50 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	60.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000260 - CARROT - CAN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011128 CARROTS,CND,REG PK,DRND SOL..... 1 CUP, slices

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	36 kcal	Cholesterol	0.00 mg	Protein	0.93 g	Calcium	36.50 mg	6.84%	Calories from Total Fat
Total Fat	0.28 g	Sodium	353.32 mg	Vitamin A	2010.42 RE	Iron	0.93 mg	1.30%	Calories from Sat Fat
Saturated Fat	0.05 g	Carbohydrate	8.09 g	Vitamin A	16308.19 IU	Water ¹	135.71 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.19 g	Vitamin C	3.94 mg	Ash ¹	0.99 g	88.64%	Calories from Carbohydrates
								10.24%	Calories from Protein

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Claremont USD School Food Services

000126 - CARROT - COINS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990148s VEGETABLE - CARROT - COINS.... 1 OUNCE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	0	kcal	Cholesterol	0.00	mg	Protein	0.00	g	Calcium	*N/A*	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	0.00	mg	Vitamin A	*N/A*	RE	Iron	*N/A*	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	0.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	0.00%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000129 - CARROT - STICK

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990150s VEGETABLE - CARROT - STICKS.... 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	15 kcal	Cholesterol	0.00 mg	Protein	0.33 g	Calcium	6.67 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	18.33 mg	Vitamin A	1166.67 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	3.00 g	Vitamin A	5833.33 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	1.60 mg	Ash ¹	*N/A* g	81.82%	Calories from Carbohydrates
								9.09%	Calories from Protein

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Claremont USD School Food Services

000275 - CELERY DICED

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900275s CELERY DICED.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	14	kcal	Cholesterol	0.00	mg	Protein	1.00	g	Calcium	30.00	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	80.00	mg	Vitamin A	*N/A*	RE	Iron	*N/A*	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	3.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	3.00	mg	Ash ¹	*N/A*	g	85.71%	Calories from Carbohydrates
												28.57%	Calories from Protein

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Claremont USD School Food Services

000267 - CELERY STICKS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH

SERVING

Alternate Menu Name:

#5 POUND BAG

011143 CELERY,RAW.... 4 strip (4" long)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	3 kcal	Cholesterol	0.00 mg	Protein	0.11 g	Calcium	6.40 mg	9.56%	Calories from Total Fat
Total Fat	0.03 g	Sodium	12.80 mg	Vitamin A	2.08 RE	Iron	0.03 mg	2.36%	Calories from Sat Fat
Saturated Fat	0.01 g	Carbohydrate	0.48 g	Vitamin A	71.84 IU	Water ¹	15.27 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.26 g	Vitamin C	0.50 mg	Ash ¹	0.12 g	74.25%	Calories from Carbohydrates
								17.25%	Calories from Protein

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Claremont USD School Food Services

000127 - CELERY STICKS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990149s VEGETABLE - CELERY - STICKS.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	25 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	40.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	125.00 mg	Vitamin A	20.00 RE	Iron	0.36 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	5.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	79.97%	Calories from Carbohydrates
								15.97%	Calories from Protein

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Claremont USD School Food Services

001072 - CEREAL -VARIETY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 100

Size of Portion: EACH SERVING

- 008014 CEREALS RTE,KELLOGG,KELLOGG'S COCOA KRISPIES.... 30 box (1 oz)
- 008030 CEREALS RTE,KELLOGG,KELLOGG'S FROOT LOOPS..... 25 box (3/4 oz)
- 008069 CEREALS RTE,KELLOGG,KELLOGG'S FRSTD FLAKES..... 20 box (1 oz)
- 008071 CEREALS RTE,KELLOGG,KELLOGG'S SMACKS..... 25 box (.875 oz)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	97 kcal	Cholesterol	0.00 mg	Protein	1.35 g	Calcium	7.21 mg	5.21%	Calories from Total Fat
Total Fat	0.56 g	Sodium	115.98 mg	Vitamin A	191.99 RE	Iron	4.04 mg	2.76%	Calories from Sat Fat
Saturated Fat	0.30 g	Carbohydrate	22.60 g	Vitamin A	453.00 IU	Water ¹	0.74 g	*0.58%*	Calories from Trans Fat
Trans Fat ¹	*0.06* g	Dietary Fiber	0.97 g	Vitamin C	9.77 mg	Ash ¹	0.44 g	93.26%	Calories from Carbohydrates
								5.58%	Calories from Protein

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Claremont USD School Food Services

000417 - CEREAL - APPLE ZINGS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O
MEAL

900184s CEREAL - APPLE ZINGS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	60.00 mg	5.62%	Calories from Total Fat
Total Fat	0.50 g	Sodium	95.00 mg	Vitamin A	80.00 RE	Iron	2.70 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	19.00 g	Vitamin A	400.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	9.00 mg	Ash ¹	*N/A* g	95.00%	Calories from Carbohydrates
								5.00%	Calories from Protein

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Claremont USD School Food Services

000418 - CEREAL - BERRY COLOSSAL CRUNCH

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O MEAL

900185s CEREAL - BERRY COLOSSAL CRUNCH.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	110 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	0.00 mg	12.27%	Calories from Total Fat
Total Fat	1.50 g	Sodium	210.00 mg	Vitamin A	100.00 RE	Iron	9.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	24.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	87.27%	Calories from Carbohydrates
								3.64%	Calories from Protein

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Claremont USD School Food Services

000382 - CEREAL - CHEERIOS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900153s CEREAL - CHEERIOS.... 28 GRAM

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	100 kcal	Cholesterol	0.00 mg	Protein	3.00 g	Calcium	100.00 mg	18.00%	Calories from Total Fat
Total Fat	2.00 g	Sodium	190.00 mg	Vitamin A	100.00 RE	Iron	8.10 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	20.00 g	Vitamin A	500.00 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.00 g	Vitamin C	6.00 mg	Ash ¹	0.00 g	80.00%	Calories from Carbohydrates
								12.00%	Calories from Protein

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Claremont USD School Food Services

000448 - CEREAL - CINNTOASTERS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O
MEAL

900194s CEREAL - CINN TOASTERS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	120 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	100.00 mg	26.25%	Calories from Total Fat
Total Fat	3.50 g	Sodium	130.00 mg	Vitamin A	100.00 RE	Iron	9.00 mg	3.75%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	22.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	73.33%	Calories from Carbohydrates
								3.33%	Calories from Protein

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Claremont USD School Food Services

000434 - CEREAL - COCO ROOS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O
MEAL

900186s CEREAL - COCO ROOS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	100 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	80.00 mg	9.00%	Calories from Total Fat
Total Fat	1.00 g	Sodium	110.00 mg	Vitamin A	80.00 RE	Iron	7.20 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	21.00 g	Vitamin A	400.00 IU	Water ¹	0.00 g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	4.80 mg	Ash ¹	0.00 g	84.00%	Calories from Carbohydrates
								4.00%	Calories from Protein

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Claremont USD School Food Services

000440 - CEREAL - CORN FLAKES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O
MEAL

900187s CEREAL - CORN FLAKES.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	210.00 mg	Vitamin A	60.00 RE	Iron	6.30 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	18.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	3.60 mg	Ash ¹	*N/A* g	90.00%	Calories from Carbohydrates
								10.00%	Calories from Protein

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Claremont USD School Food Services

000441 - CEREAL - CRISPY RICE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900188s CEREAL - CRISPY RICE.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	0 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	0.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	0.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000442 - CEREAL - FROSTED FLAKES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O
MEAL

900189s CEREAL - FROSTED FLAKES.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	110 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	160.00 mg	Vitamin A	150.00 RE	Iron	4.50 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	25.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	15.00 mg	Ash ¹	*N/A* g	90.91%	Calories from Carbohydrates
								3.64%	Calories from Protein

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Claremont USD School Food Services

000451 - CEREAL - HONEY & NUTOASTY O'S

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900197s CEREAL - HONEY & NUT TOASTY O'S.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	0 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	0.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	0.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000443 - CEREAL - HONEY NUT CHEERIOS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900190s CEREAL - HONEY NUT CHEERIOS.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	90 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	60.00 mg	10.00%	Calories from Total Fat
Total Fat	1.00 g	Sodium	220.00 mg	Vitamin A	60.00 RE	Iron	3.60 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	20.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	3.60 mg	Ash ¹	*N/A* g	88.89%	Calories from Carbohydrates
								8.89%	Calories from Protein

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Claremont USD School Food Services

000446 - CEREAL - MARSHMALLO MATEYS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O MEAL

900192s CEREAL - MARSHMALLOW MATEYS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	110 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	100.00 mg	8.18%	Calories from Total Fat
Total Fat	1.00 g	Sodium	190.00 mg	Vitamin A	100.00 RE	Iron	9.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	24.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	87.27%	Calories from Carbohydrates
								7.27%	Calories from Protein

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Claremont USD School Food Services

000447 - CEREAL - RAISIN BRAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900193s CEREAL - RAISIN BRAN.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	0.00 mg	Protein	3.00 g	Calcium	20.00 mg	6.92%	Calories from Total Fat
Total Fat	1.00 g	Sodium	210.00 mg	Vitamin A	80.00 RE	Iron	1.80 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	28.00 g	Vitamin A	400.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	4.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	86.15%	Calories from Carbohydrates
								9.23%	Calories from Protein

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Claremont USD School Food Services

000453 - CEREAL - SCOOTERS

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900200s TOOTIE FRUITIE.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	150.00 mg	7.94%	Calories from Total Fat
Total Fat	1.50 g	Sodium	200.00 mg	Vitamin A	200.00 RE	Iron	6.30 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	37.00 g	Vitamin A	1000.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	21.00 mg	Ash ¹	*N/A* g	87.06%	Calories from Carbohydrates
								4.71%	Calories from Protein

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Claremont USD School Food Services

000449 - CEREAL - TOASTY O'S

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900195s CEREAL - TOASTY O'S.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	0 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	0.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	0.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000454 - CEREAL - TOOTIE FRUITIES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MALT O
MEAL

900196s CEREAL - TOOTIE FRUITIE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	91 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	60.00 mg	4.95%	Calories from Total Fat
Total Fat	0.50 g	Sodium	100.00 mg	Vitamin A	60.00 RE	Iron	5.40 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	19.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	3.60 mg	Ash ¹	*N/A* g	83.61%	Calories from Carbohydrates
								4.40%	Calories from Protein

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Claremont USD School Food Services

000207 - CEREAL BAR - CINN TOAST CRUNCH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GENERAL MILLS

900041s CEREAL BAR - CINNAMON TOAST CRUNCH.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	150 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	200.00 mg	21.00%	Calories from Total Fat
Total Fat	3.50 g	Sodium	150.00 mg	Vitamin A	0.00 RE	Iron	3.60 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	28.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	74.67%	Calories from Carbohydrates
								5.33%	Calories from Protein

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Claremont USD School Food Services

000177 - CEREAL BAR - COCOA PUFFS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GENERAL
MILLS

900040s CEREAL BAR - COCOA PUFFS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	150 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	0.00 mg	18.00%	Calories from Total Fat
Total Fat	3.00 g	Sodium	135.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	28.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	74.67%	Calories from Carbohydrates
								5.33%	Calories from Protein

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Claremont USD School Food Services

000133 - CHEESE - AMERICAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990153s CHEESE - AMERICAN.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	100 kcal	Cholesterol	25.00 mg	Protein	5.00 g	Calcium	0.00 mg	81.00%	Calories from Total Fat
Total Fat	9.00 g	Sodium	450.00 mg	Vitamin A	60.00 RE	Iron	0.00 mg	45.00%	Calories from Sat Fat
Saturated Fat	5.00 g	Carbohydrate	1.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	4.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

001075 - CHEESE - CREAM

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

001017 CHEESE,CREAM.... 1 TBSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	50	kcal	Cholesterol	15.95	mg	Protein	0.86	g	Calcium	14.21	mg	90.11%	Calories from Total Fat
Total Fat	4.96	g	Sodium	46.55	mg	Vitamin A	55.39	RE	Iron	0.06	mg	50.77%	Calories from Sat Fat
Saturated Fat	2.80	g	Carbohydrate	0.59	g	Vitamin A	194.74	IU	Water ¹	7.89	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	0.19	g	4.76%	Calories from Carbohydrates
												6.94%	Calories from Protein

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Claremont USD School Food Services

000017 - CHEESE - LAND O LAKE - SQUARES

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.0

Size of Portion: EACH SERVING

990022s CHEESE - LAND O LAKES SQUARES.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	90 kcal	Cholesterol	20.00 mg	Protein	7.00 g	Calcium	0.00 mg	70.00%	Calories from Total Fat
Total Fat	7.00 g	Sodium	180.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	70.00%	Calories from Sat Fat
Saturated Fat	7.00 g	Carbohydrate	0.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.00%	Calories from Carbohydrates
								31.11%	Calories from Protein

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Claremont USD School Food Services

000333 - CHEESE - MOZZARELLA - STICKS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900573s CHEESE,MOZZARELLA,STICKS.... 2 1/4 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	193	kcal	Cholesterol	34.45	mg	Protein	16.56	g	Calcium	466.29	mg	59.69%	Calories from Total Fat
Total Fat	12.78	g	Sodium	336.80	mg	Vitamin A	121.83	RE	Iron	0.16	mg	37.76%	Calories from Sat Fat
Saturated Fat	8.08	g	Carbohydrate	2.44	g	Vitamin A	329.78	IU	Water ¹	29.64	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	2.37	g	5.07%	Calories from Carbohydrates
												34.38%	Calories from Protein

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Claremont USD School Food Services

000397 - CHEESE - QUESADILLA-#88007 Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900167s QUESADILLA- #88007.... 4 1/2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	329	kcal	Cholesterol	46.23	mg	Protein	18.49	g	Calcium	308.18	mg	36.56%	Calories from Total Fat
Total Fat	13.35	g	Sodium	503.36	mg	Vitamin A	61.64	RE	Iron	2.77	mg	14.06%	Calories from Sat Fat
Saturated Fat	5.14	g	Carbohydrate	35.95	g	Vitamin A	308.18	IU	Water ¹	0.00	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	4.11	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	43.75%	Calories from Carbohydrates
												22.50%	Calories from Protein

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Claremont USD School Food Services

000024 - CHEESE - SLICE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

990028s CHEESE SLICE.... 1 ONE SLICE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	70	kcal	Cholesterol	15.00	mg	Protein	4.00	g	Calcium	*N/A*	mg	77.14%	Calories from Total Fat
Total Fat	6.00	g	Sodium	310.00	mg	Vitamin A	*N/A*	RE	Iron	*N/A*	mg	45.00%	Calories from Sat Fat
Saturated Fat	3.50	g	Carbohydrate	1.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	5.71%	Calories from Carbohydrates
												22.86%	Calories from Protein

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Claremont USD School Food Services

000117 - CHEESE - SLICED

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 0.7410

Size of Portion: EACH SERVING

990136s CHEESE - SLICED.... 3/4 EACH SLICE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	85 kcal	Cholesterol	23.00 mg	Protein	5.00 g	Calcium	0.00 mg	74.12%	Calories from Total Fat
Total Fat	7.00 g	Sodium	120.00 mg	Vitamin A	60.00 RE	Iron	0.00 mg	42.35%	Calories from Sat Fat
Saturated Fat	4.00 g	Carbohydrate	1.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	4.71%	Calories from Carbohydrates
								23.53%	Calories from Protein

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Claremont USD School Food Services

**000093 - CHEESE -
STICK - MOZZERELLA**

Recipe HACCP Process: #2 Same Day Service

Source:
CUSD
Number of
Portions: 3
Size of
Portion:
EACH
SERVING

900139s 2 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	71	kcal	Cholesterol	10.00	mg	Protein	4.00	g	Calcium	797.79	mg	39.38%	Calories from Total Fat
Total Fat	3.11	g	Sodium	126.67	mg	Vitamin A	620.01	RE	Iron	0.08	mg	19.69%	Calories from Sat Fat
Saturated Fat	1.56	g	Carbohydrate	7.11	g	Vitamin A	3100.05	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.22	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	40.00%	Calories from Carbohydrates
												22.50%	Calories from Protein

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Claremont USD School Food Services

000106 - CHEESE - STICKS - STUFFED

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: TONY'S

900137s CHEESE - BREAD STICKS - TONY'S STUFFED.... 1 STICK

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80 kcal	Cholesterol	8.75 mg	Protein	4.25 g	Calcium	87.50 mg	39.37%	Calories from Total Fat
Total Fat	3.50 g	Sodium	147.50 mg	Vitamin A	25.00 RE	Iron	0.45 mg	19.69%	Calories from Sat Fat
Saturated Fat	1.75 g	Carbohydrate	8.00 g	Vitamin A	125.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.25 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	40.00%	Calories from Carbohydrates
								21.25%	Calories from Protein

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Claremont USD School Food Services

000172 - CHEESE - STRING

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900017s CHEESE - STRING.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80 kcal	Cholesterol	15.00 mg	Protein	7.00 g	Calcium	200.00 mg	67.50%	Calories from Total Fat
Total Fat	6.00 g	Sodium	210.00 mg	Vitamin A	20.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	1.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	5.00%	Calories from Carbohydrates
								35.00%	Calories from Protein

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Claremont USD School Food Services

000498 - CHEESE QUESADILLA LUNCH

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900295s CHEESE QUESADILLA LUNCH.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	390 kcal	Cholesterol	60.00 mg	Protein	18.00 g	Calcium	450.00 mg	50.77%	Calories from Total Fat
Total Fat	22.00 g	Sodium	590.00 mg	Vitamin A	100.00 RE	Iron	1.80 mg	27.69%	Calories from Sat Fat
Saturated Fat	12.00 g	Carbohydrate	28.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	28.72%	Calories from Carbohydrates
								18.46%	Calories from Protein

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Claremont USD School Food Services

000213 - CHEESE SAUCE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 32

Size of Portion: EACH

SERVING

050165 CHEESE SAUCE.... 2 (2 Tablespoons)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	3	kcal	Cholesterol	0.31	mg	Protein	0.21	g	Calcium	5.94	mg	46.46%	Calories from Total Fat
Total Fat	0.16	g	Sodium	10.94	mg	Vitamin A	1.73	RE	Iron	0.01	mg	22.17%	Calories from Sat Fat
Saturated Fat	0.08	g	Carbohydrate	0.21	g	Vitamin A	8.62	IU	Water ¹	*N/A*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.01	g	Vitamin C	0.01	mg	Ash ¹	*N/A*	g	26.92%	Calories from Carbohydrates
												26.92%	Calories from Protein

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Claremont USD School Food Services

000149 - CHEESEBURGER ON A BUN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

- 013317 BEEF,GROUND,PATTIES,FRZ,CKD,BRLD,MED..... 3 OZ,raw weight
- 001042 CHEESE,PAST PROCESS,AMERICAN,W/DI NA PO4.... 1 OZ
- 018350 ROLLS,HAMBURGER OR HOTDOG,PLN..... 1 roll(s)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	399 kcal	Cholesterol	75.95 mg	Protein	23.89 g	Calcium	222.29 mg	53.03%	Calories from Total Fat
Total Fat	23.53 g	Sodium	673.29 mg	Vitamin A	82.22 RE	Iron	2.90 mg	25.28%	Calories from Sat Fat
Saturated Fat	11.22 g	Carbohydrate	21.72 g	Vitamin A	267.91 IU	Water ¹	57.66 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.90 g	Vitamin C	0.00 mg	Ash ¹	3.05 g	21.75%	Calories from Carbohydrates
								23.93%	Calories from Protein

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Claremont USD School Food Services

000205 - CHERRY PIE TURNOVER- CUTIE PIE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900038s CHERRY PIE TURN OVER- CUTIE PIE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	301 kcal	Cholesterol	0.00 mg	Protein	3.30 g	Calcium	20.00 mg	26.91%	Calories from Total Fat
Total Fat	9.00 g	Sodium	334.00 mg	Vitamin A	40.00 RE	Iron	1.80 mg	7.48%	Calories from Sat Fat
Saturated Fat	2.50 g	Carbohydrate	53.60 g	Vitamin A	200.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.20 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	71.23%	Calories from Carbohydrates
								4.39%	Calories from Protein

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Claremont USD School Food Services

000071 - CHICKEN - BBQ TEASERS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990114s CHICK'N BBQ TEASERS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180 kcal	Cholesterol	20.00 mg	Protein	12.00 g	Calcium	0.00 mg	17.50%	Calories from Total Fat
Total Fat	3.50 g	Sodium	970.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	25.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	55.56%	Calories from Carbohydrates
								26.67%	Calories from Protein

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Claremont USD School Food Services

000312 - CHICKEN - CORN DOG FOSTER FARM

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900131s CHICKEN - CORN DOG FOSTER FARMS.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	240 kcal	Cholesterol	20.00 mg	Protein	9.00 g	Calcium	150.00 mg	30.00%	Calories from Total Fat
Total Fat	8.00 g	Sodium	590.00 mg	Vitamin A	0.00 RE	Iron	2.70 mg	7.50%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	33.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	5.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	55.00%	Calories from Carbohydrates
								15.00%	Calories from Protein

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Claremont USD School Food Services

000089 - CHICKEN - KUNG PAO - W/ VEGTB

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 5.33

Size of Portion: EACH SERVING

990122s CHICKEN - KUNG PAO WITH VEGETABLES.... 5 1/3 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	50.00 mg	Protein	13.00 g	Calcium	400.00 mg	21.17%	Calories from Total Fat
Total Fat	4.00 g	Sodium	450.00 mg	Vitamin A	100.00 RE	Iron	0.72 mg	5.30%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	19.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	44.71%	Calories from Carbohydrates
								30.59%	Calories from Protein

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Claremont USD School Food Services

000401 - CHICKEN - NUGGET - DINO BUDDIE Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 5

Size of Portion: EACH SERVING

900171s CHICKEN - NUGGETS - DINO.... 5 (3.3 OZ SERVING)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	10.00 mg	Protein	1.00 g	Calcium	20.00 mg	34.28%	Calories from Total Fat
Total Fat	8.00 g	Sodium	470.00 mg	Vitamin A	20.00 RE	Iron	1.44 mg	4.29%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	22.00 g	Vitamin A	100.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	41.90%	Calories from Carbohydrates
								1.90%	Calories from Protein

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Claremont USD School Food Services

000069 - CHICKEN - NUGGETS - ABC

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 5

Size of Portion: EACH SERVING

990112s CHICKEN - NUGGETS - ABC.... 5 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	0 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	0.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	0.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000067 - CHICKEN - NUGGETS - BUDDIES

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990111s CHICKEN - AMIGO BUDDIES.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200	kcal	Cholesterol	25.00	mg	Protein	10.00	g	Calcium	20.00	mg	45.00%	Calories from Total Fat
Total Fat	10.00	g	Sodium	580.00	mg	Vitamin A	0.00	RE	Iron	1.08	mg	6.75%	Calories from Sat Fat
Saturated Fat	1.50	g	Carbohydrate	18.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	1.20	mg	Ash ¹	*N/A*	g	36.00%	Calories from Carbohydrates
												20.00%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Claremont USD School Food Services

000046 - CHICKEN - NUGGETS - HEART

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.94

Size of Portion: EACH SERVING

990104s CHICKEN - NUGGETS - HEART.... 2 OUNCE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200 kcal	Cholesterol	25.00 mg	Protein	10.00 g	Calcium	20.00 mg	45.00%	Calories from Total Fat
Total Fat	10.00 g	Sodium	580.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	6.75%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	18.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	36.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000048 - CHICKEN - NUGGETS - POPCORN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990106s CHICKEN - NUGGETS - POPCORN.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	15.00 mg	Protein	9.00 g	Calcium	0.00 mg	38.57%	Calories from Total Fat
Total Fat	9.00 g	Sodium	580.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	2.14%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	24.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	45.72%	Calories from Carbohydrates
								17.14%	Calories from Protein

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Claremont USD School Food Services

000009 - CHICKEN - NUGGETS - POPCORN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990014s CHICKEN - NUGGETS - POPCORN.... 1 (1 SERVING)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	15.00 mg	Protein	9.00 g	Calcium	0.00 mg	38.57%	Calories from Total Fat
Total Fat	9.00 g	Sodium	580.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	2.14%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	24.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	45.72%	Calories from Carbohydrates
								17.14%	Calories from Protein

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Claremont USD School Food Services

000057 - CHICKEN - NUGGETS - RINGS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990107s CHICKEN - RINGS.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	230 kcal	Cholesterol	15.00 mg	Protein	11.00 g	Calcium	20.00 mg	43.04%	Calories from Total Fat
Total Fat	11.00 g	Sodium	550.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	1.95%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	21.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	36.52%	Calories from Carbohydrates
								19.13%	Calories from Protein

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Claremont USD School Food Services

000061 - CHICKEN - NUGGETS - SAFARI BUD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990109s CHICKEN - NUGGETS - SAFARI BUD.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200 kcal	Cholesterol	25.00 mg	Protein	10.00 g	Calcium	20.00 mg	45.00%	Calories from Total Fat
Total Fat	10.00 g	Sodium	580.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	6.75%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	18.00 g	Vitamin A	*N/A*	Water ¹	*N/A*	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A*	36.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000065 - CHICKEN - NUGGETS - SPORTS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990110s CHICKEN - NUGGETS - SPORTS.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200 kcal	Cholesterol	25.00 mg	Protein	10.00 g	Calcium	20.00 mg	45.00%	Calories from Total Fat
Total Fat	10.00 g	Sodium	580.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	6.75%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	18.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	36.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000047 - CHICKEN - NUGGETS - TEASER

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990105s CHICKEN - NUGGETS - TEASER.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	20.00 mg	Protein	12.00 g	Calcium	0.00 mg	26.47%	Calories from Total Fat
Total Fat	5.00 g	Sodium	560.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	18.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	42.35%	Calories from Carbohydrates
								28.23%	Calories from Protein

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Claremont USD School Food Services

000375 - CHICKEN - NUGGETS - TYSON

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 5

Size of Portion: EACH SERVING

900151s CHICKEN - NUGGETS - TYSON - #3858.... 5 (5 EACH)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	240	kcal	Cholesterol	55.00	mg	Protein	16.00	g	Calcium	20.00	mg	48.75%	Calories from Total Fat
Total Fat	13.00	g	Sodium	730.00	mg	Vitamin A	20.00	RE	Iron	1.80	mg	11.25%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	12.00	g	Vitamin A	100.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	20.00%	Calories from Carbohydrates
												26.67%	Calories from Protein

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Claremont USD School Food Services

000079 - CHICKEN - ORANGE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990120s CHICKEN - ORANGE.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	55.00 mg	Protein	13.00 g	Calcium	0.00 mg	34.29%	Calories from Total Fat
Total Fat	8.00 g	Sodium	280.00 mg	Vitamin A	20.00 RE	Iron	0.72 mg	4.29%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	20.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	38.10%	Calories from Carbohydrates
								24.76%	Calories from Protein

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Claremont USD School Food Services

000030 - CHICKEN - TERIYAKI - LING'S

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 40

Size of Portion: EACH SERVING

990098s CHICKEN - TERIYAKI LING'S.... 1 BAG

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	88 kcal	Cholesterol	9.37 mg	Protein	12.38 g	Calcium	11.79 mg	24.00%	Calories from Total Fat
Total Fat	2.36 g	Sodium	165.08 mg	Vitamin A	11.79 RE	Iron	0.64 mg	6.00%	Calories from Sat Fat
Saturated Fat	0.59 g	Carbohydrate	3.54 g	Vitamin A	58.96 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	2.12 mg	Ash ¹	*N/A* g	16.00%	Calories from Carbohydrates
								56.00%	Calories from Protein

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Claremont USD School Food Services

000519 - CHICKEN RINGS CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 5

Size of Portion: EACH SERVING

900316s CHICKEN RINGS CUSD.... 5 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	280 kcal	Cholesterol	60.00 mg	Protein	15.00 g	Calcium	40.00 mg	57.86%	Calories from Total Fat
Total Fat	18.00 g	Sodium	560.00 mg	Vitamin A	20.00 RE	Iron	2.70 mg	12.86%	Calories from Sat Fat
Saturated Fat	4.00 g	Carbohydrate	16.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	22.86%	Calories from Carbohydrates
								21.43%	Calories from Protein

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Claremont USD School Food Services

000525 - CHICKEN SAUSAGE & PANCAKE SAND Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900322s CHICKEN SAUSAGE & PANCAKE.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180 kcal	Cholesterol	40.00 mg	Protein	8.00 g	Calcium	100.00 mg	40.00%	Calories from Total Fat
Total Fat	8.00 g	Sodium	500.00 mg	Vitamin A	20.00 RE	Iron	1.44 mg	12.50%	Calories from Sat Fat
Saturated Fat	2.50 g	Carbohydrate	20.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	44.44%	Calories from Carbohydrates
								17.78%	Calories from Protein

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Claremont USD School Food Services

000338 - CHILI CHEESE DOG-#960000

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900138s CHILI CHEESE DOG- #960000.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	299	kcal	Cholesterol	35.46	mg	Protein	11.87	g	Calcium	104.37	mg	38.54%	Calories from Total Fat
Total Fat	12.82	g	Sodium	1029.24	mg	Vitamin A	0.00	RE	Iron	3.45	mg	8.39%	Calories from Sat Fat
Saturated Fat	2.79	g	Carbohydrate	31.27	g	Vitamin A	0.00	IU	Water ¹	0.00	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	82.00	g	Vitamin C	1.19	mg	Ash ¹	0.00	g	41.78%	Calories from Carbohydrates
												15.86%	Calories from Protein

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Claremont USD School Food Services

000188 - CHILI CHEESE MAXWRAP

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900030s CHILI CHEESE MAX WRAP.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	300 kcal	Cholesterol	10.00 mg	Protein	16.00 g	Calcium	200.00 mg	33.00%	Calories from Total Fat
Total Fat	11.00 g	Sodium	670.00 mg	Vitamin A	20.00 RE	Iron	2.70 mg	9.00%	Calories from Sat Fat
Saturated Fat	3.00 g	Carbohydrate	36.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	48.00%	Calories from Carbohydrates
								21.33%	Calories from Protein

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Claremont USD School Food Services

000389 - CHIMICHANGA - BEEF

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900159s CHIMICHANGA - BEEF -4152065.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	320 kcal	Cholesterol	20.00 mg	Protein	11.00 g	Calcium	60.00 mg	33.75%	Calories from Total Fat
Total Fat	12.00 g	Sodium	300.00 mg	Vitamin A	0.00 RE	Iron	2.70 mg	9.84%	Calories from Sat Fat
Saturated Fat	3.50 g	Carbohydrate	40.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	6.00 mg	Ash ¹	0.00 g	50.00%	Calories from Carbohydrates
								13.75%	Calories from Protein

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Claremont USD School Food Services

000072 - CHIMICHANGA - CHICKEN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990115s CHIMICHANGA - CHICKEN-4150165.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	320 kcal	Cholesterol	20.00 mg	Protein	10.00 g	Calcium	40.00 mg	30.94%	Calories from Total Fat
Total Fat	11.00 g	Sodium	570.00 mg	Vitamin A	40.00 RE	Iron	2.70 mg	5.63%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	43.00 g	Vitamin A	200.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	53.75%	Calories from Carbohydrates
								12.50%	Calories from Protein

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Claremont USD School Food Services

000159 - CHINESE NOODLES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

020113 NOODLES,CHINESE,CHOW MEIN.... 1/4 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	59 kcal	Cholesterol	0.00 mg	Protein	0.94 g	Calcium	2.25 mg	52.53%	Calories from Total Fat
Total Fat	3.46 g	Sodium	49.39 mg	Vitamin A	1.01 RE	Iron	0.53 mg	7.49%	Calories from Sat Fat
Saturated Fat	0.49 g	Carbohydrate	6.47 g	Vitamin A	0.11 IU	Water ¹	0.08 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.44 g	Vitamin C	0.00 mg	Ash ¹	0.29 g	43.67%	Calories from Carbohydrates
								6.36%	Calories from Protein

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Claremont USD School Food Services

000330 - CHURRO - APPLE FILLED

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900135s CHURRO - APPLE FILLED.... 1 OUNCE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	260 kcal	Cholesterol	0.00 mg	Protein	3.75 g	Calcium	15.70 mg	30.08%	Calories from Total Fat
Total Fat	8.69 g	Sodium	224.90 mg	Vitamin A	0.50 RE	Iron	1.45 mg	5.62%	Calories from Sat Fat
Saturated Fat	1.62 g	Carbohydrate	41.74 g	Vitamin A	2.50 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.11 g	Vitamin C	9.15 mg	Ash ¹	0.00 g	64.21%	Calories from Carbohydrates
								5.77%	Calories from Protein

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Claremont USD School Food Services

000384 - CHURRO - PLAIN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 2.24
 Size of Portion: EACH
 SERVING

900155s CHURRO - PLAIN.... 224 OUNCE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	322	kcal	Cholesterol	0.00	mg	Protein	5.27	g	Calcium	180.03	mg	34.79%	Calories from Total Fat
Total Fat	12.45	g	Sodium	306.72	mg	Vitamin A	0.38	RE	Iron	0.19	mg	6.57%	Calories from Sat Fat
Saturated Fat	2.35	g	Carbohydrate	47.25	g	Vitamin A	1.78	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.40	g	Vitamin C	0.25	mg	Ash ¹	0.00	g	58.69%	Calories from Carbohydrates
												6.55%	Calories from Protein

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Claremont USD School Food Services

000202 - CONDIMENT - BARBECUE SAUCE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 128

Size of Portion: EACH SERVING

- 990242s SOUP,CHICKEN BROTH,LO SODIUM,CND.... 1/2 CUP + 2 TBSP
- 011282 ONIONS,RAW..... 1/4 CUP, chopped
- 011935 CATSUP..... 1/4 #10 CAN
- 900986s GARLIC,GRANULATED..... 1/2 TSP
- 019334 SUGARS,BROWN..... 6 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	12 kcal	Cholesterol	0.00 mg	Protein	0.14 g	Calcium	2.38 mg	2.11%	Calories from Total Fat
Total Fat	0.03 g	Sodium	71.67 mg	Vitamin A	6.49 RE	Iron	0.05 mg	0.38%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	2.95 g	Vitamin A	59.42 IU	Water ¹	5.83 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.03 g	Vitamin C	0.99 mg	Ash ¹	0.25 g	101.83%	Calories from Carbohydrates
								4.88%	Calories from Protein

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Claremont USD School Food Services

**000222 - CONDIMENT -
KETCHUP - PACK**

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions:
 1.0000
 Size of Portion:
 EACH SERVING

011935 CATSUP.... 1 packet(s)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	6 kcal	Cholesterol	0.00 mg	Protein	0.10 g	Calcium	1.08 mg	2.88%	Calories from Total Fat
Total Fat	0.02 g	Sodium	66.84 mg	Vitamin A	6.12 RE	Iron	0.03 mg	0.40%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	1.51 g	Vitamin A	55.98 IU	Water ¹	4.15 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.02 g	Vitamin C	0.91 mg	Ash ¹	0.22 g	103.71%	Calories from Carbohydrates
								7.18%	Calories from Protein

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Claremont USD School Food Services

000137 - CONDIMENT - MAYONNAISE - 9 GM

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990156s CONDIMENT - MAYONNAISE 9 GM.... 1 GRAMS

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	66 kcal	Cholesterol	6.42 mg	Protein	0.11 g	Calcium	0.00 mg	97.50%	Calories from Total Fat
Total Fat	7.15 g	Sodium	46.58 mg	Vitamin A	0.00 RE	Iron	0.00 mg	15.00%	Calories from Sat Fat
Saturated Fat	1.10 g	Carbohydrate	0.31 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.01 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	1.88%	Calories from Carbohydrates
								0.67%	Calories from Protein

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Claremont USD School Food Services

000138 - CONDIMENT - MUSTARD- PACK 5.5

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990157s CONDIMENT - MUSTARD 5.5 GM.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	4	kcal	Cholesterol	0.08	mg	Protein	0.26	g	Calcium	0.00	mg	10.05%	Calories from Total Fat
Total Fat	0.04	g	Sodium	51.04	mg	Vitamin A	0.00	RE	Iron	0.00	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	0.54	g	Vitamin A	0.00	IU	Water ¹	0.00	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.01	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	60.33%	Calories from Carbohydrates
												29.05%	Calories from Protein

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Claremont USD School Food Services

000398 - COOKIE - LINDA'S

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900168s COOKIE - COOKIE -#9510.... 2 1/2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	249 kcal	Cholesterol	21.00 mg	Protein	3.13 g	Calcium	170.00 mg	33.43%	Calories from Total Fat
Total Fat	9.25 g	Sodium	300.00 mg	Vitamin A	700.00 RE	Iron	0.18 mg	10.19%	Calories from Sat Fat
Saturated Fat	2.82 g	Carbohydrate	45.00 g	Vitamin A	3500.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	72.29%	Calories from Carbohydrates
								5.03%	Calories from Protein

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Claremont USD School Food Services

000185 - COOKIE - PUMPKIN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 0.7050

Size of Portion: EACH SERVING

900027s PUMPKIN COOKIE.... 3/4 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	84 kcal	Cholesterol	0.05 mg	Protein	0.89 g	Calcium	4.44 mg	34.71%	Calories from Total Fat
Total Fat	3.25 g	Sodium	58.73 mg	Vitamin A	0.08 RE	Iron	13.14 mg	8.76%	Calories from Sat Fat
Saturated Fat	0.82 g	Carbohydrate	12.98 g	Vitamin A	0.39 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.17 g	Vitamin C	0.03 mg	Ash ¹	*N/A* g	61.62%	Calories from Carbohydrates
								4.22%	Calories from Protein

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Claremont USD School Food Services

000270 - CORN - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011172 CORN,SWT,YEL,CND,WHL KERNEL,DRND SOL.... 1/4 (1/4 CUP)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	14 kcal	Cholesterol	0.00 mg	Protein	0.47 g	Calcium	0.89 mg	10.33%	Calories from Total Fat
Total Fat	0.17 g	Sodium	53.01 mg	Vitamin A	2.85 RE	Iron	0.13 mg	1.89%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	3.34 g	Vitamin A	8.01 IU	Water ¹	13.65 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.34 g	Vitamin C	0.12 mg	Ash ¹	0.16 g	92.84%	Calories from Carbohydrates
								13.04%	Calories from Protein

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Claremont USD School Food Services

000074 - CORN DOG - MINI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

Alternate Menu Name:
 WHOLE GRAIN

990117s CORN DOG MINI.... 4 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	2209	kcal	Cholesterol	44.99	mg	Protein	7.00	g	Calcium	39.99	mg	4.89%	Calories from Total Fat
Total Fat	12.00	g	Sodium	489.85	mg	Vitamin A	0.00	RE	Iron	1.80	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	17.99	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	3.26%	Calories from Carbohydrates
												1.27%	Calories from Protein

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Claremont USD School Food Services

000357 - CORN DOG - WHOLE WHEAT

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900143s CORN DOG - WHOLE WHEAT.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	240	kcal	Cholesterol	20.00	mg	Protein	9.00	g	Calcium	150.00	mg	30.00%	Calories from Total Fat
Total Fat	8.00	g	Sodium	590.00	mg	Vitamin A	0.00	RE	Iron	2.70	mg	7.50%	Calories from Sat Fat
Saturated Fat	2.00	g	Carbohydrate	33.00	g	Vitamin A	0.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	5.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	55.00%	Calories from Carbohydrates
												15.00%	Calories from Protein

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Claremont USD School Food Services

000548 - CORNBREAD CUSD MADE FROM SCRAT

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH

901898s CORNBREAD CUSD MADE FROM SCRATCH.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH)

Calories	108 kcal	Cholesterol	13.00 mg	Protein	2.65 g	Calcium	68.00 mg	23.49%	Calories from Total Fat
Total Fat	2.82 g	Sodium	151.00 mg	Vitamin A	10.20 RE	Iron	0.90 mg	3.74%	Calories from Sat Fat
Saturated Fat	0.45 g	Carbohydrate	18.03 g	Vitamin A	51.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.10 mg	Ash ¹	*N/A* g	66.78%	Calories from Carbohydrates
								9.82%	Calories from Protein

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Claremont USD School Food Services

000512 - COTTAGE CHEESE DRIFTWOOD CUSD

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900310s COTTAGE CHEESE DRIFTWOOD CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	120 kcal	Cholesterol	20.00 mg	Protein	13.99 g	Calcium	79.99 mg	37.42%	Calories from Total Fat
Total Fat	4.99 g	Sodium	339.99 mg	Vitamin A	40.01 RE	Iron	0.00 mg	22.45%	Calories from Sat Fat
Saturated Fat	2.99 g	Carbohydrate	2.99 g	Vitamin A	199.99 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	9.98%	Calories from Carbohydrates
								46.65%	Calories from Protein

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Claremont USD School Food Services

000232 - CRACKERS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

018228 CRACKERS,SALTINES (INCL OYSTER,SODA,SOUP).... 4 cracker(s)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	51 kcal	Cholesterol	0.00 mg	Protein	1.14 g	Calcium	2.52 mg	18.92%	Calories from Total Fat
Total Fat	1.06 g	Sodium	133.92 mg	Vitamin A	0.00 RE	Iron	0.62 mg	4.28%	Calories from Sat Fat
Saturated Fat	0.24 g	Carbohydrate	8.92 g	Vitamin A	0.12 IU	Water ¹	0.48 g	0.95%	Calories from Trans Fat
Trans Fat ¹	0.05 g	Dietary Fiber	0.35 g	Vitamin C	0.00 mg	Ash ¹	0.39 g	70.63%	Calories from Carbohydrates
								9.03%	Calories from Protein

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Claremont USD School Food Services

000183 - CRACKERS - ANIMAL

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900026s CRACKERS - ANIMAL.... 1 (1 OZ)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	120	kcal	Cholesterol	0.00	mg	Protein	2.00	g	Calcium	100.00	mg	22.50%	Calories from Total Fat
Total Fat	3.00	g	Sodium	60.00	mg	Vitamin A	0.00	RE	Iron	0.72	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	22.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	73.33%	Calories from Carbohydrates
												6.67%	Calories from Protein

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Claremont USD School Food Services

000233 - CRACKERS - MJM - GRAHAM

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

018173 COOKIES, GRAHAM CRACKERS, PLN OR HONEY (INCL CL.... 2 each 2-1/2"sqr.

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	59 kcal	Cholesterol	0.00 mg	Protein	0.97 g	Calcium	3.36 mg	21.49%	Calories from Total Fat
Total Fat	1.41 g	Sodium	84.70 mg	Vitamin A	0.00 RE	Iron	0.52 mg	3.23%	Calories from Sat Fat
Saturated Fat	0.21 g	Carbohydrate	10.75 g	Vitamin A	0.28 IU	Water ¹	0.62 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.39 g	Vitamin C	0.00 mg	Ash ¹	0.25 g	72.62%	Calories from Carbohydrates
								6.52%	Calories from Protein

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Claremont USD School Food Services

000467 - CREAM CHEESE- 1 oz

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900213s CREAM CHEESE- 1 OZ.... 1 OUNCE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	99	kcal	Cholesterol	31.00	mg	Protein	2.00	g	Calcium	20.00	mg	90.91%	Calories from Total Fat
Total Fat	10.00	g	Sodium	84.00	mg	Vitamin A	80.00	RE	Iron	0.36	mg	54.54%	Calories from Sat Fat
Saturated Fat	6.00	g	Carbohydrate	1.00	g	Vitamin A	400.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	4.04%	Calories from Carbohydrates
												8.08%	Calories from Protein

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Claremont USD School Food Services

000545 - CRUMB SQARE BREAKFAST CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901894s CRUMB SQUARE BREAKFAST CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	175 kcal	Cholesterol	20.00 mg	Protein	2.00 g	Calcium	10.00 mg	30.86%	Calories from Total Fat
Total Fat	6.00 g	Sodium	134.00 mg	Vitamin A	0.06 RE	Iron	0.90 mg	4.11%	Calories from Sat Fat
Saturated Fat	0.80 g	Carbohydrate	28.00 g	Vitamin A	0.30 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.07 mg	Ash ¹	*N/A* g	64.00%	Calories from Carbohydrates
								4.57%	Calories from Protein

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Claremont USD School Food Services

000377 - CUCUMBER

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011206 CUCUMBER,PEELED,RAW.... 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	3 kcal	Cholesterol	0.00 mg	Protein	0.17 g	Calcium	3.97 mg	12.00%	Calories from Total Fat
Total Fat	0.05 g	Sodium	0.57 mg	Vitamin A	1.98 RE	Iron	0.06 mg	0.98%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	0.61 g	Vitamin A	20.41 IU	Water ¹	27.42 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.20 g	Vitamin C	0.91 mg	Ash ¹	0.10 g	72.00%	Calories from Carbohydrates
								19.67%	Calories from Protein

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Claremont USD School Food Services

000179 - CUPCAKES - BIRTHDAY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: SUPER
BAKERY

80 / 1.5

OZ

900022s CUP CAKES - BIRTHDAY.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140	kcal	Cholesterol	20.00	mg	Protein	2.00	g	Calcium	0.00	mg	22.50%	Calories from Total Fat
Total Fat	3.50	g	Sodium	220.00	mg	Vitamin A	0.00	RE	Iron	0.00	mg	6.43%	Calories from Sat Fat
Saturated Fat	1.00	g	Carbohydrate	28.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	80.00%	Calories from Carbohydrates
												5.71%	Calories from Protein

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Claremont USD School Food Services

000216 - CUPCAKES - CLAREMONT PARTY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900047s CUPCAKES - CLAREMONT PARTY.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	214 kcal	Cholesterol	14.00 mg	Protein	2.68 g	Calcium	83.81 mg	26.96%	Calories from Total Fat
Total Fat	6.41 g	Sodium	192.00 mg	Vitamin A	3.20 RE	Iron	1.65 mg	2.31%	Calories from Sat Fat
Saturated Fat	0.55 g	Carbohydrate	36.45 g	Vitamin A	16.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.51 g	Vitamin C	0.01 mg	Ash ¹	*N/A* g	68.13%	Calories from Carbohydrates
								5.01%	Calories from Protein

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Claremont USD School Food Services

000550 - CUSD VEGETABLE TAMALE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH

901900s CUSD VEGETABLE TAMALE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH)

Calories	100 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	40.00 mg	36.00%	Calories from Total Fat
Total Fat	4.00 g	Sodium	110.00 mg	Vitamin A	*N/A* RE	Iron	1.44 mg	4.50%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	15.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	60.00%	Calories from Carbohydrates
								8.00%	Calories from Protein

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Claremont USD School Food Services

000529 - DAVESWHOLE GRAIN CRUMB SQUARE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901878s DAVES WHOLE GRAIN CRUMB SQUARE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	175 kcal	Cholesterol	20.00 mg	Protein	2.00 g	Calcium	10.00 mg	30.86%	Calories from Total Fat
Total Fat	6.00 g	Sodium	134.00 mg	Vitamin A	0.06 RE	Iron	0.90 mg	4.12%	Calories from Sat Fat
Saturated Fat	0.80 g	Carbohydrate	28.00 g	Vitamin A	0.30 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	10.00 mg	Ash ¹	*N/A* g	64.00%	Calories from Carbohydrates
								4.57%	Calories from Protein

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Claremont USD School Food Services

000193 - DELI STICKS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900033s DELI STICKS.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	340	kcal	Cholesterol	60.00	mg	Protein	21.00	g	Calcium	160.00	mg	31.77%	Calories from Total Fat
Total Fat	12.00	g	Sodium	990.00	mg	Vitamin A	40.00	RE	Iron	2.70	mg	13.24%	Calories from Sat Fat
Saturated Fat	5.00	g	Carbohydrate	36.00	g	Vitamin A	200.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	3.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	42.35%	Calories from Carbohydrates
												24.71%	Calories from Protein

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Claremont USD School Food Services

000019 - DRESSING - FAT FREE RANCH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990024s DRESSING - FAT FREE RANCH.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	35 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	20.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	440.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	6.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	68.57%	Calories from Carbohydrates
								11.43%	Calories from Protein

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Claremont USD School Food Services

000020 - DRESSING - RANCH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990025s RANCH DRESSING.... 1 1/2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	230	kcal	Cholesterol	20.00	mg	Protein	0.00	g	Calcium	0.00	mg	97.83%	Calories from Total Fat
Total Fat	25.00	g	Sodium	350.00	mg	Vitamin A	0.00	RE	Iron	0.00	mg	15.65%	Calories from Sat Fat
Saturated Fat	4.00	g	Carbohydrate	2.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	3.48%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000140 - DRESSING - RANCH - 12 GM

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990158s DRESSING - RANCH 12 GM.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	70 kcal	Cholesterol	5.00 mg	Protein	0.00 g	Calcium	0.00 mg	90.00%	Calories from Total Fat
Total Fat	7.00 g	Sodium	100.50 mg	Vitamin A	0.00 RE	Iron	0.00 mg	12.86%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	0.10 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.57%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000225 - DRESSING - SALAD - ASSORTED

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 4.0000

Size of Portion: EACH SERVING

- 004539 SALAD DRSNG,BLUE OR ROQUEFORT CHS DRSNG,COMM,..... 1 TBSP
- 004120 SALAD DRSNG,FRENCH DRSNG,COMM,REG..... 1 TBSP
- 004114 SALAD DRSNG,ITALIAN DRSNG,COMM,REG..... 1 TBSP
- 004017 SALAD DRSNG,1000 ISLAND,COMM,REG..... 1 TBSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	61 kcal	Cholesterol	2.20 mg	Protein	0.14 g	Calcium	3.28 mg	89.95%	Calories from Total Fat
Total Fat	6.12 g	Sodium	162.70 mg	Vitamin A	12.24 RE	Iron	0.10 mg	13.24%	Calories from Sat Fat
Saturated Fat	0.90 g	Carbohydrate	1.74 g	Vitamin A	30.48 IU	Water ¹	6.84 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.05 g	Vitamin C	0.17 mg	Ash ¹	0.48 g	11.37%	Calories from Carbohydrates
								0.91%	Calories from Protein

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Claremont USD School Food Services

000414 - DRINK - SMOOTHIES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900182s DRINKS - SMOOTHIES.... 5 1/2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	89	kcal	Cholesterol	0.00	mg	Protein	0.00	g	Calcium	68.75	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	27.50	mg	Vitamin A	0.00	RE	Iron	0.25	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	22.00	g	Vitamin A	0.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	41.25	mg	Ash ¹	0.00	g	98.46%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000111 - DRINKS - GATORADE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990132s DRINKS - GATORADE.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	50 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	110.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	14.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	112.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000112 - DRINKS - SNAPPLE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990133s DRINKS - SNAPPLE.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	*N/A* mg	Protein	0.00 g	Calcium	150.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	1.00 mg	Vitamin A	150.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	43.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	60.00 mg	Ash ¹	*N/A* g	101.17%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000242 - EDDIE'S CHEESE PIZZA

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name:

Eddie's Cheese Pizza

900268s Eddie's Cheese Pizza.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	420 kcal	Cholesterol	50.00 mg	Protein	19.00 g	Calcium	250.00 mg	36.43%	Calories from Total Fat
Total Fat	17.00 g	Sodium	820.00 mg	Vitamin A	40.00 RE	Iron	1.80 mg	19.28%	Calories from Sat Fat
Saturated Fat	9.00 g	Carbohydrate	47.00 g	Vitamin A	200.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.50 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	44.76%	Calories from Carbohydrates
								18.10%	Calories from Protein

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Claremont USD School Food Services

000243 - EDDIE'S PEPPERONI PIZZA

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Eddie's
Pepperoni Pizza

900269s Eddie's Pepperoni Pizza.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	490 kcal	Cholesterol	70.00 mg	Protein	22.00 g	Calcium	250.00 mg	42.24%	Calories from Total Fat
Total Fat	23.00 g	Sodium	990.00 mg	Vitamin A	40.00 RE	Iron	1.80 mg	20.21%	Calories from Sat Fat
Saturated Fat	11.00 g	Carbohydrate	48.00 g	Vitamin A	200.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.50 g	Vitamin C	15.00 mg	Ash ¹	*N/A* g	39.18%	Calories from Carbohydrates
								17.96%	Calories from Protein

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Claremont USD School Food Services

000191 - EGG & CHEESE BISCUIT

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900031s EGG PATTY & CHEESE BISCUIT.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	294 kcal	Cholesterol	122.80 mg	Protein	9.30 g	Calcium	151.60 mg	54.18%	Calories from Total Fat
Total Fat	17.70 g	Sodium	119.60 mg	Vitamin A	66.22 RE	Iron	1.33 mg	18.67%	Calories from Sat Fat
Saturated Fat	6.10 g	Carbohydrate	24.10 g	Vitamin A	331.10 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.99 g	Vitamin C	0.13 mg	Ash ¹	*N/A* g	32.79%	Calories from Carbohydrates
								12.65%	Calories from Protein

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Claremont USD School Food Services

000475 - EGG & TURKEY SAUSAGE BURRITO

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: NO POTATO

900287s EGG & TURKEY SAUSAGE BURRITO.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	189 kcal	Cholesterol	55.76 mg	Protein	8.69 g	Calcium	81.43 mg	23.67%	Calories from Total Fat
Total Fat	4.97 g	Sodium	382.12 mg	Vitamin A	43.72 RE	Iron	1.83 mg	9.01%	Calories from Sat Fat
Saturated Fat	1.89 g	Carbohydrate	26.91 g	Vitamin A	284.70 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.18 g	Vitamin C	2.05 mg	Ash ¹	*N/A* g	57.01%	Calories from Carbohydrates
								18.40%	Calories from Protein

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Claremont USD School Food Services

000370 - EGG - HARD BOILED

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

001129 EGG,WHL,CKD,HARD-BOILED.... 1 large egg(s)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	78 kcal	Cholesterol	212.00 mg	Protein	6.29 g	Calcium	25.00 mg	61.61%	Calories from Total Fat
Total Fat	5.31 g	Sodium	62.00 mg	Vitamin A	84.00 RE	Iron	0.60 mg	18.97%	Calories from Sat Fat
Saturated Fat	1.63 g	Carbohydrate	0.56 g	Vitamin A	260.00 IU	Water ¹	37.31 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	0.54 g	2.89%	Calories from Carbohydrates
								32.46%	Calories from Protein

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Claremont USD School Food Services

000031 - EGG ROLL - CHICKEN - AMY'S

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990099s EGG ROLL - CHICKEN - AMY'S.... 5 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	225	kcal	Cholesterol	51.00	mg	Protein	23.00	g	Calcium	80.00	mg	20.00%	Calories from Total Fat
Total Fat	5.00	g	Sodium	863.00	mg	Vitamin A	320.00	RE	Iron	2.52	mg	4.80%	Calories from Sat Fat
Saturated Fat	1.20	g	Carbohydrate	23.00	g	Vitamin A	1600.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	9.60	mg	Ash ¹	*N/A*	g	40.89%	Calories from Carbohydrates
												40.89%	Calories from Protein

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Claremont USD School Food Services

000033 - EGG ROLL - CHICKEN-SIMPLY BLUE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990100s EGG ROLL - CHICKEN SIMPLY BLUES- CHINA BLUES.... 1/2 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	145 kcal	Cholesterol	23.00 mg	Protein	10.00 g	Calcium	15.00 mg	18.69%	Calories from Total Fat
Total Fat	3.00 g	Sodium	245.50 mg	Vitamin A	145.00 RE	Iron	1.44 mg	4.67%	Calories from Sat Fat
Saturated Fat	0.75 g	Carbohydrate	13.00 g	Vitamin A	725.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.25 g	Vitamin C	3.00 mg	Ash ¹	*N/A* g	35.99%	Calories from Carbohydrates
								27.68%	Calories from Protein

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Claremont USD School Food Services

000400 - EGG ROLL - PORK

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900170s EGG ROLL - PORK- # 69349.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	249 kcal	Cholesterol	102.32 mg	Protein	13.99 g	Calcium	0.00 mg	38.11%	Calories from Total Fat
Total Fat	10.54 g	Sodium	599.61 mg	Vitamin A	150.00 RE	Iron	2.88 mg	15.98%	Calories from Sat Fat
Saturated Fat	4.42 g	Carbohydrate	25.03 g	Vitamin A	750.00 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.46 g	Vitamin C	9.60 mg	Ash ¹	0.00 g	40.23%	Calories from Carbohydrates
								22.49%	Calories from Protein

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Claremont USD School Food Services

000507 - EGG ROLL CHICKEN (ER / CHS)

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900305s EGG ROLL CHICKEN ER/CHS.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	310 kcal	Cholesterol	30.00 mg	Protein	20.00 g	Calcium	40.00 mg	14.51%	Calories from Total Fat
Total Fat	5.00 g	Sodium	190.00 mg	Vitamin A	250.00 RE	Iron	3.60 mg	2.90%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	46.00 g	Vitamin A	1250.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	5.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	59.35%	Calories from Carbohydrates
								25.81%	Calories from Protein

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Claremont USD School Food Services

000219 - FIESTA CALZONE BEAN & CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900049s FIESTA CALZONE BEAN & CHEESE.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	305 kcal	Cholesterol	25.00 mg	Protein	12.18 g	Calcium	203.00 mg	33.34%	Calories from Total Fat
Total Fat	11.30 g	Sodium	427.00 mg	Vitamin A	58.60 RE	Iron	2.53 mg	15.96%	Calories from Sat Fat
Saturated Fat	5.41 g	Carbohydrate	38.30 g	Vitamin A	293.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.50 g	Vitamin C	0.50 mg	Ash ¹	*N/A* g	50.23%	Calories from Carbohydrates
								15.97%	Calories from Protein

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Claremont USD School Food Services

000199 - FISH STICKS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 4
 Size of Portion: EACH
 SERVING

900035s FISH STICKS.... 4 (4 TO A SERVING)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	279	kcal	Cholesterol	30.38	mg	Protein	16.50	g	Calcium	6.75	mg	33.10%	Calories from Total Fat
Total Fat	10.26	g	Sodium	370.64	mg	Vitamin A	13.49	RE	Iron	0.61	mg	2.90%	Calories from Sat Fat
Saturated Fat	0.90	g	Carbohydrate	32.07	g	Vitamin A	13.49	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.28	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	45.97%	Calories from Carbohydrates
												23.64%	Calories from Protein

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Claremont USD School Food Services

000362 - FRENCH TOAST - CINNAMON

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: (3 SLICES)

601495s FRENCH TOAST - CINN SWIRL.... 1 EACH SERV.

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	240 kcal	Cholesterol	85.00 mg	Protein	9.00 g	Calcium	100.00 mg	26.25%	Calories from Total Fat
Total Fat	7.00 g	Sodium	320.00 mg	Vitamin A	40.00 RE	Iron	2.70 mg	5.63%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	36.00 g	Vitamin A	200.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	60.00%	Calories from Carbohydrates
								15.00%	Calories from Protein

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Claremont USD School Food Services

000329 - FRENCH TOAST - STICKS FRM RCH

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 3

Size of Portion: EACH SERVING

900128s FRENCH TOAST - STICKS FARM RICH #67411..... 3 (3 EACH)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	290 kcal	Cholesterol	30.00 mg	Protein	5.00 g	Calcium	100.00 mg	37.24%	Calories from Total Fat
Total Fat	12.00 g	Sodium	290.00 mg	Vitamin A	150.00 RE	Iron	3.60 mg	6.21%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	42.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	57.93%	Calories from Carbohydrates
								6.90%	Calories from Protein

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Claremont USD School Food Services

000365 - FRESH FRUIT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 100

Size of Portion: EACH SERVING

Alternate Menu Name: FRESH FRUIT

- 009003 FRUIT - APPLE - FRESH..... 25 ONE
- 009200 ORANGES,RAW,ALL COMM VAR..... 25 ONE
- 900373s BANANAS,FINGER,RAW..... 25 ONE
- 009131 GRAPES,AMERICAN TYPE (SLIP SKN),RAW.... 25 ONE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	58 kcal	Cholesterol	0.00 mg	Protein	0.69 g	Calcium	16.76 mg	2.94%	Calories from Total Fat
Total Fat	0.19 g	Sodium	0.65 mg	Vitamin A	10.88 RE	Iron	0.15 mg	0.73%	Calories from Sat Fat
Saturated Fat	0.05 g	Carbohydrate	15.04 g	Vitamin A	111.24 IU	Water ¹	80.75 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.37 g	Vitamin C	21.41 mg	Ash ¹	0.43 g	103.18%	Calories from Carbohydrates
								4.71%	Calories from Protein

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Claremont USD School Food Services

000476 - FRUDEL APPLE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900288s FRUDEL APPLE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210	kcal	Cholesterol	0.00	mg	Protein	5.00	g	Calcium	0.00	mg	25.71%	Calories from Total Fat
Total Fat	6.00	g	Sodium	270.00	mg	Vitamin A	0.00	RE	Iron	1.08	mg	6.43%	Calories from Sat Fat
Saturated Fat	1.50	g	Carbohydrate	36.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	68.57%	Calories from Carbohydrates
												9.52%	Calories from Protein

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Claremont USD School Food Services

000477 - FRUDEL CHERRY

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900289s FRUDEL CHERRY.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	0.00 mg	Protein	5.00 g	Calcium	0.00 mg	25.71%	Calories from Total Fat
Total Fat	6.00 g	Sodium	280.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	6.43%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	36.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	68.57%	Calories from Carbohydrates
								9.52%	Calories from Protein

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Claremont USD School Food Services

000245 - FRUIT - FRESH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 6.0000

Size of Portion: EACH SERVING

- 009003 FRUIT - APPLE - FRESH..... 1 each, 3/lb.
- 009131 GRAPES,AMERICAN TYPE (SLIP SKN),RAW.... 3/4 CUP
- 009236 PEACHES,RAW..... 1 each, 4/lb
- 009252 PEARS,RAW..... 1 each,2.5/lb
- 009040 BANANAS,RAW..... 1 EACH
- 009200 ORANGES,RAW,ALL COMM VAR..... 1 each,2-5/8"dia

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	64 kcal	Cholesterol	0.00 mg	Protein	0.70 g	Calcium	13.59 mg	3.15%	Calories from Total Fat
Total Fat	0.22 g	Sodium	0.91 mg	Vitamin A	15.39 RE	Iron	0.20 mg	0.67%	Calories from Sat Fat
Saturated Fat	0.05 g	Carbohydrate	16.53 g	Vitamin A	124.33 IU	Water ¹	91.56 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.55 g	Vitamin C	13.61 mg	Ash ¹	0.47 g	103.55%	Calories from Carbohydrates
								4.40%	Calories from Protein

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Claremont USD School Food Services

000064 - FRUIT - APPLE - FRESH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 100

Size of Portion: EACH SERVING

009003 FRUIT - APPLE - FRESH.... 100 GRAMS

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	52 kcal	Cholesterol	0.00 mg	Protein	0.26 g	Calcium	6.00 mg	2.94%	Calories from Total Fat
Total Fat	0.17 g	Sodium	1.00 mg	Vitamin A	5.00 RE	Iron	0.12 mg	0.52%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	13.81 g	Vitamin A	54.00 IU	Water ¹	85.56 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.40 g	Vitamin C	4.60 mg	Ash ¹	0.19 g	106.23%	Calories from Carbohydrates
								2.00%	Calories from Protein

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Claremont USD School Food Services

000356 - FRUIT - APPLESAUCE - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

009020 FRUIT - APPLESAUCE - CAN.... 1/4 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	42 kcal	Cholesterol	0.00 mg	Protein	0.10 g	Calcium	1.85 mg	2.25%	Calories from Total Fat
Total Fat	0.10 g	Sodium	1.23 mg	Vitamin A	0.62 RE	Iron	0.07 mg	0.40%	Calories from Sat Fat
Saturated Fat	0.02 g	Carbohydrate	10.76 g	Vitamin A	3.69 IU	Water ¹	50.42 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.74 g	Vitamin C	1.05 mg	Ash ¹	0.13 g	102.88%	Calories from Carbohydrates
								0.94%	Calories from Protein

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Claremont USD School Food Services

000248 - FRUIT - APRICOT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009026 FRUIT - APRICOTS - CAN.... 1 CUP, halves

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	159 kcal	Cholesterol	0.00 mg	Protein	1.34 g	Calcium	27.83 mg	0.71%	Calories from Total Fat
Total Fat	0.13 g	Sodium	10.12 mg	Vitamin A	333.96 RE	Iron	0.99 mg	0.04%	Calories from Sat Fat
Saturated Fat	0.01 g	Carbohydrate	41.72 g	Vitamin A	3344.66 IU	Water ¹	208.88 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	4.05 g	Vitamin C	6.83 mg	Ash ¹	0.94 g	104.70%	Calories from Carbohydrates
								3.37%	Calories from Protein

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Claremont USD School Food Services

000068 - FRUIT - BANANA

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH

SERVING

009040 BANANAS,RAW.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	90	kcal	Cholesterol	0.00	mg	Protein	1.10	g	Calcium	5.05	mg	3.34%	Calories from Total Fat
Total Fat	0.33	g	Sodium	1.01	mg	Vitamin A	8.08	RE	Iron	0.26	mg	1.13%	Calories from Sat Fat
Saturated Fat	0.11	g	Carbohydrate	23.07	g	Vitamin A	64.64	IU	Water ¹	75.66	g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.63	g	Vitamin C	8.79	mg	Ash ¹	0.83	g	102.65%	Calories from Carbohydrates
												4.90%	Calories from Protein

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Claremont USD School Food Services

000255 - FRUIT - BLUEBERRIES

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009050 BLUEBERRIES,RAW.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	84 kcal	Cholesterol	0.00 mg	Protein	1.10 g	Calcium	8.88 mg	5.21%	Calories from Total Fat
Total Fat	0.49 g	Sodium	1.48 mg	Vitamin A	14.80 RE	Iron	0.41 mg	0.44%	Calories from Sat Fat
Saturated Fat	0.04 g	Carbohydrate	21.45 g	Vitamin A	79.92 IU	Water ¹	124.63 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.55 g	Vitamin C	14.36 mg	Ash ¹	0.36 g	101.68%	Calories from Carbohydrates
								5.19%	Calories from Protein

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Claremont USD School Food Services

000366 - FRUIT - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

- 009256 PEARS,CND,LT SYRUP PK,SOL&LIQUIDS..... 1 CUP, halves
- 009403 APRICOT NECTAR,CND,W/ VIT C..... 1 CUP
- 009099 FRUIT COCKTAIL,CND,LT SYRUP,SOL&LIQUIDS..... 1 CUP
- 009240 PEACHES,CND,LT SYRUP PK,SOL&LIQUIDS..... 1 CUP, slices
- 900350s APPLESAUCE,CND,UNSWTND,W/ VIT C..... 1 CUP
- 009275 PINEAPPLE JUC,FRZ CONC,UNSWTND,DIL W/3 VOLUME.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	790 kcal	Cholesterol	0.00 mg	Protein	4.92 g	Calcium	89.43 mg	0.99%	Calories from Total Fat
Total Fat	0.86 g	Sodium	54.53 mg	Vitamin A	479.81 RE	Iron	4.57 mg	0.07%	Calories from Sat Fat
Saturated Fat	0.06 g	Carbohydrate	206.27 g	Vitamin A	4783.56 IU	Water ¹	1273.35 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	14.39 g	Vitamin C	230.65 mg	Ash ¹	3.60 g	104.50%	Calories from Carbohydrates
								2.49%	Calories from Protein

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Claremont USD School Food Services

000422 - FRUIT - GRAPES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009131 GRAPES,AMERICAN TYPE (SLIP SKN),RAW.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	62	kcal	Cholesterol	0.00	mg	Protein	0.58	g	Calcium	12.88	mg	4.70%	Calories from Total Fat
Total Fat	0.32	g	Sodium	1.84	mg	Vitamin A	9.20	RE	Iron	0.27	mg	1.53%	Calories from Sat Fat
Saturated Fat	0.10	g	Carbohydrate	15.78	g	Vitamin A	92.00	IU	Water ¹	74.80	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.83	g	Vitamin C	3.68	mg	Ash ¹	0.52	g	102.39%	Calories from Carbohydrates
												3.76%	Calories from Protein

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Claremont USD School Food Services

000419 - FRUIT - MIXED FRUIT - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009099 FRUIT COCKTAIL,CND,LT SYRUP,SOL&LIQUIDS.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	138	kcal	Cholesterol	0.00	mg	Protein	0.97	g	Calcium	14.52	mg	1.11%	Calories from Total Fat
Total Fat	0.17	g	Sodium	14.52	mg	Vitamin A	50.82	RE	Iron	0.70	mg	0.16%	Calories from Sat Fat
Saturated Fat	0.02	g	Carbohydrate	36.13	g	Vitamin A	496.10	IU	Water ¹	204.18	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.42	g	Vitamin C	4.60	mg	Ash ¹	0.56	g	104.77%	Calories from Carbohydrates
												2.81%	Calories from Protein

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Claremont USD School Food Services

000083 - FRUIT - NECTARINE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009191 NECTARINES,RAW.... 1 medium

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	60 kcal	Cholesterol	0.00 mg	Protein	1.44 g	Calcium	8.16 mg	6.55%	Calories from Total Fat
Total Fat	0.44 g	Sodium	0.00 mg	Vitamin A	100.64 RE	Iron	0.38 mg	0.51%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	14.35 g	Vitamin A	451.52 IU	Water ¹	119.12 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.31 g	Vitamin C	7.34 mg	Ash ¹	0.65 g	95.91%	Calories from Carbohydrates
								9.64%	Calories from Protein

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Claremont USD School Food Services

000086 - FRUIT - ORANGE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009200 ORANGES,RAW,ALL COMM VAR.... 1 ONE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	62 kcal	Cholesterol	0.00 mg	Protein	1.23 g	Calcium	52.40 mg	2.30%	Calories from Total Fat
Total Fat	0.16 g	Sodium	0.00 mg	Vitamin A	27.51 RE	Iron	0.13 mg	0.38%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	15.39 g	Vitamin A	294.75 IU	Water ¹	113.64 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.14 g	Vitamin C	69.69 mg	Ash ¹	0.58 g	100.00%	Calories from Carbohydrates
								8.00%	Calories from Protein

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Claremont USD School Food Services

000085 - FRUIT - ORANGE - HALVES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009200 ORANGES,RAW,ALL COMM VAR.... 1/2 each,2-5/8"dia

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	23	kcal	Cholesterol	0.00	mg	Protein	0.45	g	Calcium	19.20	mg	2.30%	Calories from Total Fat
Total Fat	0.06	g	Sodium	0.00	mg	Vitamin A	10.08	RE	Iron	0.05	mg	0.38%	Calories from Sat Fat
Saturated Fat	0.01	g	Carbohydrate	5.64	g	Vitamin A	108.00	IU	Water ¹	41.64	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.15	g	Vitamin C	25.54	mg	Ash ¹	0.21	g	100.00%	Calories from Carbohydrates
												8.00%	Calories from Protein

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Claremont USD School Food Services

000088 - FRUIT - PEACHES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH

SERVING

009236 PEACHES,RAW.... 1 each, 4/lb

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	34	kcal	Cholesterol	0.00	mg	Protein	0.79	g	Calcium	5.22	mg	5.77%	Calories from Total Fat
Total Fat	0.22	g	Sodium	0.00	mg	Vitamin A	46.98	RE	Iron	0.22	mg	0.44%	Calories from Sat Fat
Saturated Fat	0.02	g	Carbohydrate	8.30	g	Vitamin A	283.62	IU	Water ¹	77.32	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.30	g	Vitamin C	5.74	mg	Ash ¹	0.37	g	97.85%	Calories from Carbohydrates
												9.33%	Calories from Protein

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Claremont USD School Food Services

000437 - FRUIT - PEACHES - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009240 PEACHES,CND,LT SYRUP PK,SOL&LIQUIDS.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	136	kcal	Cholesterol	0.00	mg	Protein	1.13	g	Calcium	7.53	mg	0.50%	Calories from Total Fat
Total Fat	0.08	g	Sodium	12.55	mg	Vitamin A	87.85	RE	Iron	0.90	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	36.52	g	Vitamin A	888.54	IU	Water ¹	212.65	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	3.26	g	Vitamin C	6.02	mg	Ash ¹	0.63	g	107.78%	Calories from Carbohydrates
												3.33%	Calories from Protein

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Claremont USD School Food Services

000438 - FRUIT - PEARS - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.4

Size of Portion: EACH SERVING

009256 PEARS,CND,LT SYRUP PK,SOL&LIQUIDS.... 1/2 CUP, halves

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	51	kcal	Cholesterol	0.00	mg	Protein	0.17	g	Calcium	4.48	mg	0.47%	Calories from Total Fat
Total Fat	0.03	g	Sodium	4.48	mg	Vitamin A	0.00	RE	Iron	0.25	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	13.60	g	Vitamin A	0.00	IU	Water ¹	75.71	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.43	g	Vitamin C	0.63	mg	Ash ¹	0.13	g	106.46%	Calories from Carbohydrates
												1.33%	Calories from Protein

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Claremont USD School Food Services

000090 - FRUIT - PEARS - FRESH Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions:

1.0000

Size of Portion: EACH

SERVING

009252 PEARS,RAW.... 1 each,2.5/lb

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	96	kcal	Cholesterol	0.00	mg	Protein	0.63	g	Calcium	14.94	mg	1.86%	Calories from Total Fat
Total Fat	0.20	g	Sodium	1.66	mg	Vitamin A	3.32	RE	Iron	0.28	mg	0.16%	Calories from Sat Fat
Saturated Fat	0.02	g	Carbohydrate	25.66	g	Vitamin A	38.18	IU	Water ¹	138.96	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	5.15	g	Vitamin C	6.97	mg	Ash ¹	0.55	g	106.62%	Calories from Carbohydrates
												2.62%	Calories from Protein

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Claremont USD School Food Services

000092 - FRUIT - PINEAPPLE CHUNKS- CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.4

Size of Portion: EACH SERVING

009269 PINEAPPLE,CND,LT SYRUP PK,SOL&LIQUIDS.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	94 kcal	Cholesterol	0.00 mg	Protein	0.65 g	Calcium	25.20 mg	2.08%	Calories from Total Fat
Total Fat	0.22 g	Sodium	1.80 mg	Vitamin A	1.80 RE	Iron	0.70 mg	0.17%	Calories from Sat Fat
Saturated Fat	0.02 g	Carbohydrate	24.21 g	Vitamin A	68.40 IU	Water ¹	154.31 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.44 g	Vitamin C	13.50 mg	Ash ¹	0.63 g	103.46%	Calories from Carbohydrates
								2.77%	Calories from Protein

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Claremont USD School Food Services

000444 - FRUIT - PLUMS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009283 PLUMS,CND,PURPLE,LT SYRUP PK,SOL&LIQUIDS.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	159 kcal	Cholesterol	0.00 mg	Protein	0.93 g	Calcium	22.68 mg	1.43%	Calories from Total Fat
Total Fat	0.25 g	Sodium	50.40 mg	Vitamin A	65.52 RE	Iron	2.17 mg	0.14%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	41.03 g	Vitamin A	582.12 IU	Water ¹	209.16 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.27 g	Vitamin C	1.01 mg	Ash ¹	0.63 g	103.37%	Calories from Carbohydrates
								2.35%	Calories from Protein

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Claremont USD School Food Services

000099 - FRUIT - STRAWBERRIES-FRESH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009316 STRAWBERRIES,RAW.... 1 CUP, whole

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	46 kcal	Cholesterol	0.00 mg	Protein	0.96 g	Calcium	23.04 mg	8.44%	Calories from Total Fat
Total Fat	0.43 g	Sodium	1.44 mg	Vitamin A	4.32 RE	Iron	0.59 mg	0.42%	Calories from Sat Fat
Saturated Fat	0.02 g	Carbohydrate	11.06 g	Vitamin A	17.28 IU	Water ¹	130.97 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.88 g	Vitamin C	84.67 mg	Ash ¹	0.58 g	96.00%	Calories from Carbohydrates
								8.38%	Calories from Protein

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Claremont USD School Food Services

000100 - FRUIT - TANGERINE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009218 TANGERINES,(MANDARIN ORANGES),RAW.... 1 each 2-3/8" dia

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	45 kcal	Cholesterol	0.00 mg	Protein	0.68 g	Calcium	31.08 mg	5.26%	Calories from Total Fat
Total Fat	0.26 g	Sodium	1.68 mg	Vitamin A	77.28 RE	Iron	0.13 mg	0.66%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	11.21 g	Vitamin A	572.04 IU	Water ¹	71.54 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.51 g	Vitamin C	22.43 mg	Ash ¹	0.32 g	100.68%	Calories from Carbohydrates
								6.11%	Calories from Protein

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Claremont USD School Food Services

000332 - FUNNEL CAKE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 2.92
 Size of Portion: EACH
 SERVING

Alternate Menu Name:
 FUNNEL CAKE

990013s FUNNEL CAKE.... 3 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	310	kcal	Cholesterol	25.00	mg	Protein	5.00	g	Calcium	40.00	mg	37.74%	Calories from Total Fat
Total Fat	13.00	g	Sodium	350.00	mg	Vitamin A	0.00	RE	Iron	1.80	mg	8.71%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	43.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	*N/A*	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	55.48%	Calories from Carbohydrates
												6.45%	Calories from Protein

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Claremont USD School Food Services

000005 - GRANOLA - BAR - CHEWEY CHOCO

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990019s GRANOLA BARS - CHOCOLATE CHIP.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	119 kcal	Cholesterol	0.00 mg	Protein	0.99 g	Calcium	0.00 mg	26.25%	Calories from Total Fat
Total Fat	3.46 g	Sodium	69.14 mg	Vitamin A	0.00 RE	Iron	0.36 mg	11.25%	Calories from Sat Fat
Saturated Fat	1.48 g	Carbohydrate	20.74 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.99 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	70.00%	Calories from Carbohydrates
								3.33%	Calories from Protein

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Claremont USD School Food Services

990024 - GRANOLA - HONEY & NUT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 128

Size of Portion: EACH SERVING

- 900081s MARGARINE,REG,HARD,CORN&SOYBN (HYDR)&CTTNSD (.... 1 LB
- 901745s SUGARS,BROWN,LIGHT..... 4 CUP, packed
- 001123 EGG,WHOLE,RAW,FRESH..... 8 large
- 002050 VANILLA EXTRACT..... 4 TSP
- 020081 WHEAT FLR,WHITE,ALL-PURPOSE,ENR,BLEACHED..... 5 CUP
- 018369 LEAVENING AGENTS,BAKING PDR,DOUBLE-ACTING,NA 2 TSP
- 018372 LEAVENING AGENTS,BAKING SODA..... 2 TSP
- 002047 SALT,TABLE..... 2 TSP
- 002010 CINNAMON,GROUND..... 2 TSP
- 050210 Granola..... 11 1/4 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	120 kcal	Cholesterol	13.22 mg	Protein	1.95 g	Calcium	19.80 mg	30.72%	Calories from Total Fat
Total Fat	4.09 g	Sodium	121.18 mg	Vitamin A	34.36 RE	Iron	0.71 mg	5.81%	Calories from Sat Fat
Saturated Fat	0.77 g	Carbohydrate	19.33 g	Vitamin A	142.45 IU	Water ¹	*3.68* g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	0.86 g	Vitamin C	0.11 mg	Ash ¹	*0.32* g	64.59%	Calories from Carbohydrates
								6.53%	Calories from Protein

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Claremont USD School Food Services

000182 - GRANOLA - MALT O MEAL

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900025s GRANOLA MALT O MEAL.... 4 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180 kcal	Cholesterol	0.00 mg	Protein	6.00 g	Calcium	20.00 mg	12.50%	Calories from Total Fat
Total Fat	2.50 g	Sodium	15.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	36.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	80.00%	Calories from Carbohydrates
								13.33%	Calories from Protein

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Claremont USD School Food Services

000208 - GRANOLA BAR - APPLE CINN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: KELLOGGS

900227s GRANOLA BAR - APPLE CINN.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	200.00 mg	20.77%	Calories from Total Fat
Total Fat	3.00 g	Sodium	105.00 mg	Vitamin A	150.00 RE	Iron	1.80 mg	3.46%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	24.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	73.85%	Calories from Carbohydrates
								6.15%	Calories from Protein

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Claremont USD School Food Services

000209 - GRANOLA BAR - BLUEBERRY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: KELLOGGS

900042s GRANOLA BAR - BLUEBERRY.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	200.00 mg	20.77%	Calories from Total Fat
Total Fat	3.00 g	Sodium	105.00 mg	Vitamin A	150.00 RE	Iron	1.80 mg	3.46%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	24.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	20.77%	Calories from Trans Fat
Trans Fat ¹	3.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	73.85%	Calories from Carbohydrates
								6.15%	Calories from Protein

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Claremont USD School Food Services

000490 - GRANOLA BAR - OATS & HONEY

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900225s OATS & HONEY.... 1 1/2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180 kcal	Cholesterol	0.00 mg	Protein	4.00 g	Calcium	0.00 mg	30.00%	Calories from Total Fat
Total Fat	6.00 g	Sodium	160.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	2.50%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	29.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	64.44%	Calories from Carbohydrates
								8.89%	Calories from Protein

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Claremont USD School Food Services

900043 - GRANOLA BAR - RASPBERRY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: KELLOGGS

900043s GRANOLA BAR - RASPBERRY.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	200.00 mg	20.77%	Calories from Total Fat
Total Fat	3.00 g	Sodium	105.00 mg	Vitamin A	150.00 RE	Iron	1.80 mg	3.46%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	24.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	73.85%	Calories from Carbohydrates
								6.15%	Calories from Protein

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Claremont USD School Food Services

000491 - GRANOLA BAR - STRAWBERRY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900226s NUTRI-GRAIN KELLOGGS... 1 1/3 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140	kcal	Cholesterol	0.00	mg	Protein	1.00	g	Calcium	200.00	mg	19.29%	Calories from Total Fat
Total Fat	3.00	g	Sodium	105.00	mg	Vitamin A	150.00	RE	Iron	1.80	mg	3.22%	Calories from Sat Fat
Saturated Fat	0.50	g	Carbohydrate	26.00	g	Vitamin A	750.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	74.29%	Calories from Carbohydrates
												2.86%	Calories from Protein

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Claremont USD School Food Services

000212 - GRANOLA BAR - STRAWBERRY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: KELLOGGS

900044s GRANOLA BAR - STRAWBERRY.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	200.00 mg	20.77%	Calories from Total Fat
Total Fat	3.00 g	Sodium	120.00 mg	Vitamin A	150.00 RE	Iron	1.80 mg	3.46%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	24.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	73.85%	Calories from Carbohydrates
								6.15%	Calories from Protein

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Claremont USD School Food Services

000546 - GREAT EARTH WH WHEAT CINN CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901896s GREAT EARTH WHOLE WHEAT CINNAMON ROLL CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	260 kcal	Cholesterol	20.00 mg	Protein	5.00 g	Calcium	200.00 mg	34.62%	Calories from Total Fat
Total Fat	10.00 g	Sodium	460.00 mg	Vitamin A	*N/A* RE	Iron	1.44 mg	8.65%	Calories from Sat Fat
Saturated Fat	2.50 g	Carbohydrate	39.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	60.00%	Calories from Carbohydrates
								7.69%	Calories from Protein

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Claremont USD School Food Services

000424 - GREEN BEANS - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011057c BEANS,SNAP,GRN,CND,DRND,HTD.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	27 kcal	Cholesterol	0.00 mg	Protein	1.62 g	Calcium	35.10 mg	4.50%	Calories from Total Fat
Total Fat	0.14 g	Sodium	338.85 mg	Vitamin A	94.23 RE	Iron	1.22 mg	0.90%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	6.08 g	Vitamin A	471.15 IU	Water ¹	125.96 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.57 g	Vitamin C	5.81 mg	Ash ¹	1.28 g	90.00%	Calories from Carbohydrates
								24.00%	Calories from Protein

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Claremont USD School Food Services

000497 - GREEN BEANS - CRUNCHY

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900294s GREEN BEANS - CRUNCHY.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	160 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	20.00 mg	45.00%	Calories from Total Fat
Total Fat	8.00 g	Sodium	620.00 mg	Vitamin A	0.00 RE	Iron	0.72 mg	8.44%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	19.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	47.50%	Calories from Carbohydrates
								5.00%	Calories from Protein

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Claremont USD School Food Services

000527 - GROUND BEEF AND SPANISH RICE C

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901876s GROUND BEEF AND SPANISH RICE CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	282 kcal	Cholesterol	50.96 mg	Protein	18.57 g	Calcium	40.96 mg	33.75%	Calories from Total Fat
Total Fat	10.57 g	Sodium	287.95 mg	Vitamin A	103.83 RE	Iron	3.14 mg	14.29%	Calories from Sat Fat
Saturated Fat	4.48 g	Carbohydrate	27.05 g	Vitamin A	519.04 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.24 g	Vitamin C	11.81 mg	Ash ¹	*N/A* g	38.38%	Calories from Carbohydrates
								26.35%	Calories from Protein

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Claremont USD School Food Services

000543 - GROUND BEEF STROGANOFF CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901892s GROUND BEEF STRONGANOFF CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	250 kcal	Cholesterol	52.00 mg	Protein	17.65 g	Calcium	61.00 mg	55.22%	Calories from Total Fat
Total Fat	15.34 g	Sodium	645.00 mg	Vitamin A	6.60 RE	Iron	2.19 mg	20.67%	Calories from Sat Fat
Saturated Fat	5.74 g	Carbohydrate	9.63 g	Vitamin A	33.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.50 g	Vitamin C	1.60 mg	Ash ¹	*N/A* g	15.41%	Calories from Carbohydrates
								28.24%	Calories from Protein

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Claremont USD School Food Services

000387 - HONEYBUN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900157s WHOLE WHEAT HONEY BUNS - WWHB348.... 3 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	265	kcal	Cholesterol	10.00	mg	Protein	6.00	g	Calcium	150.00	mg	20.72%	Calories from Total Fat
Total Fat	6.10	g	Sodium	290.00	mg	Vitamin A	0.00	RE	Iron	1.98	mg	6.45%	Calories from Sat Fat
Saturated Fat	1.90	g	Carbohydrate	41.00	g	Vitamin A	0.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.40	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	61.89%	Calories from Carbohydrates
												9.06%	Calories from Protein

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Claremont USD School Food Services

000394 - HOT POCKET

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: HOT
POCKET- #4300

900164s HOT POCKETS- #4300.... 4 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	310 kcal	Cholesterol	35.00 mg	Protein	10.00 g	Calcium	20.00 mg	37.74%	Calories from Total Fat
Total Fat	13.00 g	Sodium	730.00 mg	Vitamin A	0.00 RE	Iron	17.00 mg	17.42%	Calories from Sat Fat
Saturated Fat	6.00 g	Carbohydrate	37.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	47.74%	Calories from Carbohydrates
								12.90%	Calories from Protein

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Claremont USD School Food Services

000538 - ITALIAN DRESSING

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901887s ITALIAN DRESSING CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	186 kcal	Cholesterol	0.00 mg	Protein	0.10 g	Calcium	4.00 mg	98.99%	Calories from Total Fat
Total Fat	20.46 g	Sodium	327.00 mg	Vitamin A	2.00 RE	Iron	0.08 mg	13.78%	Calories from Sat Fat
Saturated Fat	2.85 g	Carbohydrate	1.47 g	Vitamin A	10.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.10 g	Vitamin C	1.80 mg	Ash ¹	*N/A* g	3.16%	Calories from Carbohydrates
								0.21%	Calories from Protein

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Claremont USD School Food Services

000146 - JUICE - VARIETY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 100

Size of Portion: EACH SERVING

- 900209s JUICE - APPLE 4 OZ..... 100 CARTON
- 900208s JUICE - ORANGE 4 OZ..... 100 CARTON
- 900009s JUICE - WILDBERRY 4 OZ.... 100 CARTON
- 900211s WILDCHERRY 4 OZ..... 100 CARTON

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	225 kcal	Cholesterol	*0.00* mg	Protein	1.00 g	Calcium	*510.00* mg	*0.00%*	Calories from Total Fat
Total Fat	*0.00* g	Sodium	59.00 mg	Vitamin A	*20.00* RE	Iron	*0.00* mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	59.00 g	Vitamin A	*100.00* IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	120.00 mg	Ash ¹	*N/A* g	104.89%	Calories from Carbohydrates
								1.78%	Calories from Protein

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Claremont USD School Food Services

000063 - JUICE - APPLE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009400 APPLE JUC,CND OR BTLD,UNSWTND,W/ VIT C.... 4 FL OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	57 kcal	Cholesterol	0.00 mg	Protein	0.12 g	Calcium	9.92 mg	2.54%	Calories from Total Fat
Total Fat	0.16 g	Sodium	4.96 mg	Vitamin A	0.00 RE	Iron	0.15 mg	0.43%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	14.01 g	Vitamin A	1.24 IU	Water ¹	109.42 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.25 g	Vitamin C	47.74 mg	Ash ¹	0.29 g	98.26%	Calories from Carbohydrates
								0.87%	Calories from Protein

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Claremont USD School Food Services

000143 - JUICE - APPLE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900209s JUICE - APPLE 4 OZ.... 4 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	55	kcal	Cholesterol	0.00	mg	Protein	0.00	g	Calcium	*N/A*	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	15.00	mg	Vitamin A	0.00	RE	Iron	0.00	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	15.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	30.00	mg	Ash ¹	*N/A*	g	109.09%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000463 - JUICE - APPLE - 4 OZ

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900209s JUICE - APPLE 4 OZ.... 1 CARTON

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	55	kcal	Cholesterol	0.00	mg	Protein	0.00	g	Calcium	*N/A*	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	15.00	mg	Vitamin A	0.00	RE	Iron	0.00	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	15.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	30.00	mg	Ash ¹	*N/A*	g	109.09%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000465 - JUICE - CHERRY - 4 OZ

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900211s WILDCHERRY 4 OZ.... 1 CARTON

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	55	kcal	Cholesterol	0.00	mg	Protein	0.00	g	Calcium	500.00	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	15.00	mg	Vitamin A	*N/A*	RE	Iron	0.00	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	15.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	30.00	mg	Ash ¹	*N/A*	g	109.09%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000077 - JUICE - GRAPE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009135 GRAPE JUC,CND OR BTLD,UNSWTND,WO/ VIT C.... 4 FL OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	76 kcal	Cholesterol	0.00 mg	Protein	0.47 g	Calcium	13.90 mg	1.95%	Calories from Total Fat
Total Fat	0.16 g	Sodium	6.32 mg	Vitamin A	1.26 RE	Iron	0.32 mg	0.38%	Calories from Sat Fat
Saturated Fat	0.03 g	Carbohydrate	18.67 g	Vitamin A	10.11 IU	Water ¹	106.82 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.25 g	Vitamin C	0.13 mg	Ash ¹	0.28 g	98.47%	Calories from Carbohydrates
								2.47%	Calories from Protein

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Claremont USD School Food Services

000084 - JUICE - ORANGE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

900208s JUICE - ORANGE 4 OZ.... 1 CARTON

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	55 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	10.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	14.00 mg	Vitamin A	20.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	14.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	30.00 mg	Ash ¹	*N/A* g	101.82%	Calories from Carbohydrates
								7.27%	Calories from Protein

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Claremont USD School Food Services

000235 - JUICE - ORANGE 4 OZ

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900208s JUICE - ORANGE 4 OZ.... 1 CARTON

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	55 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	10.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	14.00 mg	Vitamin A	20.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	14.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	30.00 mg	Ash ¹	*N/A* g	101.82%	Calories from Carbohydrates
								7.27%	Calories from Protein

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Claremont USD School Food Services

000091 - JUICE - PINEAPPLE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009409 PINEAPPLE JUC,CND,UNSWTND,W/ ADDED VIT C.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	133	kcal	Cholesterol	0.00	mg	Protein	0.90	g	Calcium	32.50	mg	2.04%	Calories from Total Fat
Total Fat	0.30	g	Sodium	5.00	mg	Vitamin A	0.00	RE	Iron	0.78	mg	0.14%	Calories from Sat Fat
Saturated Fat	0.02	g	Carbohydrate	32.18	g	Vitamin A	12.50	IU	Water ¹	215.93	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.50	g	Vitamin C	109.50	mg	Ash ¹	0.70	g	97.13%	Calories from Carbohydrates
												2.72%	Calories from Protein

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Claremont USD School Food Services

000464 - JUICE - WILDBERRY- 4 OZ

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900009s JUICE - WILDBERRY 4 OZ.... 1 CARTON

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	60	kcal	Cholesterol	*N/A*	mg	Protein	0.00	g	Calcium	0.00	mg	*N/A**%	Calories from Total Fat
Total Fat	*N/A*	g	Sodium	15.00	mg	Vitamin A	0.00	RE	Iron	*N/A*	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	15.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	30.00	mg	Ash ¹	*N/A*	g	100.00%	Calories from Carbohydrates
												0.00%	Calories from Protein

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Claremont USD School Food Services

000403 - LASAGNA - BEEF & CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900173s LASAGNA - BEEF & CHEESE - #230T.... 8 1/2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	286 kcal	Cholesterol	68.00 mg	Protein	17.00 g	Calcium	2200.00 mg	31.47%	Calories from Total Fat
Total Fat	10.00 g	Sodium	850.00 mg	Vitamin A	3580.00 RE	Iron	3.24 mg	21.40%	Calories from Sat Fat
Saturated Fat	6.80 g	Carbohydrate	32.00 g	Vitamin A	17900.00 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	40.00 g	Vitamin C	8.40 mg	Ash ¹	0.00 g	44.76%	Calories from Carbohydrates
								23.78%	Calories from Protein

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Claremont USD School Food Services

000034 - LETTUCE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011252 VEGETABLE - LETTUCE - ICEBERG 1 leaf(s)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	1	kcal	Cholesterol	0.00	mg	Protein	0.05	g	Calcium	0.90	mg	9.00%	Calories from Total Fat
Total Fat	0.01	g	Sodium	0.50	mg	Vitamin A	1.65	RE	Iron	0.02	mg	1.16%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	0.15	g	Vitamin A	25.10	IU	Water ¹	4.78	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.06	g	Vitamin C	0.14	mg	Ash ¹	0.02	g	84.86%	Calories from Carbohydrates
												25.71%	Calories from Protein

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Claremont USD School Food Services

000125 - LETTUCE - SHREDDDED

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 72

Size of Portion: EACH SERVING

990147s LETTUCE - SHREDDDED.... 72 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	10	kcal	Cholesterol	0.00	mg	Protein	1.00	g	Calcium	10.00	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	7.00	mg	Vitamin A	70.00	RE	Iron	0.36	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	2.00	g	Vitamin A	350.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	1.00	g	Vitamin C	1.80	mg	Ash ¹	*N/A*	g	80.01%	Calories from Carbohydrates
												40.00%	Calories from Protein

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Claremont USD School Food Services

000404 - MAC & CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: MACARONI &
CHEESE- #215T

900174s MACARONI & CHEESE- #215T.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	399 kcal	Cholesterol	57.00 mg	Protein	19.00 g	Calcium	438.00 mg	40.60%	Calories from Total Fat
Total Fat	18.00 g	Sodium	500.00 mg	Vitamin A	149.20 RE	Iron	2.10 mg	23.01%	Calories from Sat Fat
Saturated Fat	10.20 g	Carbohydrate	40.00 g	Vitamin A	746.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.10 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	40.10%	Calories from Carbohydrates
								19.05%	Calories from Protein

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Claremont USD School Food Services

000514 - MACARONI SALAD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 50

Size of Portion: EACH SERVING

- 014429 WATER,MUNICIPAL..... 3 GAL
- 002047 SALT,TABLE..... 2 TBSP + 2 TSP
- 020100 MACARONI,COOKED,ENRICHED..... 2 LB + 10 OZ
- 004622c SALAD DRSG,MAYO TYPE,RED CAL-COMMOD.... 1 LB + 8 OZ
- 011124 CARROTS,RAW..... 3/4 CUP, grated + 2 TBSP, grated
- 011143 CELERY,RAW..... 8 OZ, chopped
- 011282 ONIONS,RAW..... 4 OZ, chopped
- 011945 PICKLE RELISH,SWEET..... 4 OZ
- 002030 PEPPER,BLACK..... 1 TSP
- 901246s MUSTARD,POWDER/DRY..... 1 TBSP
- 002047 SALT,TABLE..... 1 TSP
- 002028 PAPRIKA..... 1 1/2 TSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80	kcal	Cholesterol	5.58	mg	Protein	1.63	g	Calcium	14.62	mg	32.64%	Calories from Total Fat
Total Fat	2.91	g	Sodium	575.51	mg	Vitamin A	60.67	RE	Iron	0.48	mg	5.30%	Calories from Sat Fat
Saturated Fat	0.47	g	Carbohydrate	11.87	g	Vitamin A	415.10	IU	Water ¹	258.76	g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00*	g	Dietary Fiber	0.82	g	Vitamin C	0.51	mg	Ash ¹	1.81	g	59.23%	Calories from Carbohydrates
												8.13%	Calories from Protein

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Claremont USD School Food Services

000496 - MANDARIN ORANGES

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900293s MANDARIN ORANGES.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	70 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	20.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	10.00 mg	Vitamin A	60.00 RE	Iron	0.72 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	17.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	21.00 mg	Ash ¹	*N/A* g	97.14%	Calories from Carbohydrates
								5.71%	Calories from Protein

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Claremont USD School Food Services

000277 - MANNY'S EL LOCO ASADA BURRITO

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900278s MANNY'S EL LOCO ASADA BURRITO.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	380	kcal	Cholesterol	55.00	mg	Protein	23.00	g	Calcium	150.00	mg	23.68%	Calories from Total Fat
Total Fat	10.00	g	Sodium	1120.00	mg	Vitamin A	54.00	RE	Iron	4.50	mg	7.11%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	50.00	g	Vitamin A	270.00	IU	Water ¹	*N/A*	g	2.37%	Calories from Trans Fat
Trans Fat ¹	1.00	g	Dietary Fiber	7.00	g	Vitamin C	4.80	mg	Ash ¹	*N/A*	g	52.63%	Calories from Carbohydrates
												24.21%	Calories from Protein

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Claremont USD School Food Services

000276 - MANNY'S EL LOCO BN &CH BURRITO

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900277s MANNY'S EL LOCO BN & CH BURRITO.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	430 kcal	Cholesterol	25.00 mg	Protein	19.00 g	Calcium	300.00 mg	27.21%	Calories from Total Fat
Total Fat	13.00 g	Sodium	920.00 mg	Vitamin A	22.00 RE	Iron	3.70 mg	12.56%	Calories from Sat Fat
Saturated Fat	6.00 g	Carbohydrate	59.00 g	Vitamin A	110.00 IU	Water ¹	*N/A* g	2.09%	Calories from Trans Fat
Trans Fat ¹	1.00 g	Dietary Fiber	10.00 g	Vitamin C	0.70 mg	Ash ¹	*N/A* g	54.88%	Calories from Carbohydrates
								17.67%	Calories from Protein

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Claremont USD School Food Services

000204 - MARANARA SAUCE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 32

Size of Portion: EACH SERVING

- 004318c OIL,VEG,TYPE B-COMMOD..... 2 1/4 TSP
- 011282 ONIONS,RAW..... 3 1/2 OZ, chopped
- 011541c TOMATO PASTE,CND,HTD..... 1 CUP
- 990249s TOMATOES,CND,DICED,DRND.... 1/4 #10 Can w/juice
- 014429 WATER,MUNICIPAL..... 1/2 CUP
- 002030 PEPPER,BLACK..... 1/8 TSP
- 002029 PARSLEY,DRIED..... 1 TBSP
- 900986s GARLIC,GRANULATED..... 2 1/4 TSP
- 002003 SPICES,BASIL,DRIED..... 1/4 tsp, leaves
- 901286s OREGANO LEAVES,DRIED..... 1/4 tsp, leaves
- 002023 MARJORAM,DRIED..... 1/8 TSP
- 901776s THYME LEAF,DRIED..... 1 PINCH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	19	kcal	Cholesterol	0.00	mg	Protein	0.65	g	Calcium	12.59	mg	21.35%	Calories from Total Fat
Total Fat	0.44	g	Sodium	40.51	mg	Vitamin A	86.01	RE	Iron	0.38	mg	3.02%	Calories from Sat Fat
Saturated Fat	0.06	g	Carbohydrate	3.66	g	Vitamin A	426.35	IU	Water ¹	33.02	g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.81	g	Vitamin C	8.19	mg	Ash ¹	0.22	g	78.66%	Calories from Carbohydrates
												14.03%	Calories from Protein

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Claremont USD School Food Services

000197 - MAX WRAPS- CHILI CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900034s MAX WRAPS.... 4 7/8 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	300	kcal	Cholesterol	10.00	mg	Protein	16.00	g	Calcium	200.00	mg	33.00%	Calories from Total Fat
Total Fat	11.00	g	Sodium	670.00	mg	Vitamin A	20.00	RE	Iron	2.70	mg	9.00%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	36.00	g	Vitamin A	100.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	4.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	48.00%	Calories from Carbohydrates
												21.33%	Calories from Protein

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Claremont USD School Food Services

000489 - MILK - VARIETY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1000

Size of Portion: EACH SERVING

001104 MILK,CHOC,FLUID,COMM,LOWFAT.....	500 CUP
001082 MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A.....	250 CUP
001085 MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR SKIM)....	125 CUP
001078 MILK,PRODUCER,FLUID,3.7% MILKFAT.....	125 CUP
900207s MILK- STRAWBERRY.....	8 OUNCES
900206s MILK- CHOCOLATE NONFAT.....	8 OUNCES
900203s MILK- 1% LOWFAT.....	8 OUNCES
990139s MILK - CHOCO - BOX.....	8 EACH OZ
900201s MILK- HOMOGENIZED.....	8 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	141 kcal	Cholesterol	12.29 mg	Protein	8.47 g	Calcium	306.91 mg	20.02%	Calories from Total Fat
Total Fat	3.13 g	Sodium	136.94 mg	Vitamin A	141.84 RE	Iron	0.39 mg	12.52%	Calories from Sat Fat
Saturated Fat	1.96 g	Carbohydrate	19.95 g	Vitamin A	486.73 IU	Water ¹	*212.34* g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	0.88 g	Vitamin C	1.68 mg	Ash ¹	*1.93* g	56.77%	Calories from Carbohydrates
								24.11%	Calories from Protein

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Claremont USD School Food Services

000457 - MILK - 1% LOWFAT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900203s MILK- 1% LOWFAT.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	120 kcal	Cholesterol	10.00 mg	Protein	11.00 g	Calcium	350.00 mg	18.74%	Calories from Total Fat
Total Fat	2.50 g	Sodium	150.00 mg	Vitamin A	100.00 RE	Iron	0.00 mg	11.24%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	14.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	46.67%	Calories from Carbohydrates
								36.67%	Calories from Protein

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Claremont USD School Food Services

000121 - MILK - 2% - BOXED

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 8
 Size of Portion: EACH
 SERVING

990140s MILK 2% BOXED.... 8 EACH OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	120	kcal	Cholesterol	20.00	mg	Protein	8.00	g	Calcium	250.00	mg	37.51%	Calories from Total Fat
Total Fat	5.00	g	Sodium	110.00	mg	Vitamin A	100.00	RE	Iron	0.00	mg	22.50%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	11.00	g	Vitamin A	500.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	1.20	mg	Ash ¹	*N/A*	g	36.67%	Calories from Carbohydrates
												26.66%	Calories from Protein

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Claremont USD School Food Services

CUSD

000456 - MILK - 2% REDUCED FAT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900202s MILK- 2% REDUCED FAT.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	25.00 mg	Protein	10.00 g	Calcium	350.00 mg	34.62%	Calories from Total Fat
Total Fat	5.00 g	Sodium	130.00 mg	Vitamin A	100.00 RE	Iron	0.00 mg	20.77%	Calories from Sat Fat
Saturated Fat	3.00 g	Carbohydrate	13.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	40.00%	Calories from Carbohydrates
								30.77%	Calories from Protein

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Claremont USD School Food Services

CUSD

000120 - MILK - CHOCO

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 8

Size of Portion: EACH SERVING

990139s MILK - CHOCO - BOX.... 8 EACH OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200 kcal	Cholesterol	20.00 mg	Protein	8.00 g	Calcium	300.00 mg	22.50%	Calories from Total Fat
Total Fat	5.00 g	Sodium	200.00 mg	Vitamin A	100.00 RE	Iron	0.72 mg	13.50%	Calories from Sat Fat
Saturated Fat	3.00 g	Carbohydrate	31.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	62.00%	Calories from Carbohydrates
								16.00%	Calories from Protein

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Claremont USD School Food Services

000461 - MILK - CHOCOLATE LOWFAT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900205s MILK- CHOCOLATE LOWFAT.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	10.00 mg	Protein	8.00 g	Calcium	250.00 mg	15.89%	Calories from Total Fat
Total Fat	3.00 g	Sodium	180.00 mg	Vitamin A	100.00 RE	Iron	0.00 mg	7.94%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	30.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	1.80 mg	Ash ¹	*N/A* g	70.59%	Calories from Carbohydrates
								18.82%	Calories from Protein

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Claremont USD School Food Services

000459 - MILK - CHOCOLATE NONFAT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900206s MILK- CHOCOLATE NONFAT.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140 kcal	Cholesterol	0.00 mg	Protein	8.00 g	Calcium	300.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	180.00 mg	Vitamin A	100.00 RE	Iron	0.36 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	26.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	3.60 mg	Ash ¹	*N/A* g	74.29%	Calories from Carbohydrates
								22.85%	Calories from Protein

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Claremont USD School Food Services

000455 - MILK - HOMOGENIZED

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900201s MILK- HOMOGENIZED.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	150 kcal	Cholesterol	35.00 mg	Protein	8.00 g	Calcium	300.00 mg	47.99%	Calories from Total Fat
Total Fat	8.00 g	Sodium	115.00 mg	Vitamin A	1.20 RE	Iron	0.00 mg	30.00%	Calories from Sat Fat
Saturated Fat	5.00 g	Carbohydrate	11.00 g	Vitamin A	300.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	29.33%	Calories from Carbohydrates
								21.33%	Calories from Protein

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Claremont USD School Food Services

000458 - MILK - NONFAT

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900204s MILK- NONFAT.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	90	kcal	Cholesterol	5.00	mg	Protein	9.00	g	Calcium	300.00	mg	0.00%	Calories from Total Fat
Total Fat	0.00	g	Sodium	120.00	mg	Vitamin A	100.00	RE	Iron	0.00	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	12.00	g	Vitamin A	500.00	IU	Water ¹	0.00	g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	2.40	mg	Ash ¹	0.00	g	53.33%	Calories from Carbohydrates
												40.00%	Calories from Protein

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Claremont USD School Food Services

000460 - MILK - STRAWBERRY LOWFAT Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900207s MILK- STRAWBERRY.... 1 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	173	kcal	Cholesterol	11.00	mg	Protein	7.00	g	Calcium	250.00	mg	13.00%	Calories from Total Fat
Total Fat	2.50	g	Sodium	110.00	mg	Vitamin A	80.00	RE	Iron	0.00	mg	7.80%	Calories from Sat Fat
Saturated Fat	1.50	g	Carbohydrate	33.00	g	Vitamin A	400.00	IU	Water ¹	*N/A*	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	32.00	g	Vitamin C	1.20	mg	Ash ¹	*N/A*	g	76.30%	Calories from Carbohydrates
												16.18%	Calories from Protein

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Claremont USD School Food Services

000390 - MINI TWIN CHEESEBURGERS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900160s MINI TWIN CHEESEBURGERS-#1151.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	424 kcal	Cholesterol	50.29 mg	Protein	23.50 g	Calcium	133.70 mg	38.21%	Calories from Total Fat
Total Fat	18.00 g	Sodium	765.50 mg	Vitamin A	31.62 RE	Iron	1.91 mg	15.28%	Calories from Sat Fat
Saturated Fat	7.20 g	Carbohydrate	42.10 g	Vitamin A	158.10 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.15 g	Vitamin C	2.53 mg	Ash ¹	0.00 g	39.72%	Calories from Carbohydrates
								22.17%	Calories from Protein

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Claremont USD School Food Services

000171 - MIXED FRUIT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

009187 MIXED FRUIT - CAN.... 2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	41	kcal	Cholesterol	0.00	mg	Protein	0.21	g	Calcium	0.57	mg	1.25%	Calories from Total Fat
Total Fat	0.06	g	Sodium	2.27	mg	Vitamin A	10.77	RE	Iron	0.20	mg	0.18%	Calories from Sat Fat
Saturated Fat	0.01	g	Carbohydrate	10.64	g	Vitamin A	110.00	IU	Water ¹	45.68	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.57	g	Vitamin C	39.12	mg	Ash ¹	0.12	g	104.22%	Calories from Carbohydrates
												2.06%	Calories from Protein

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Claremont USD School Food Services

000134 - MUFFIN - BANANA NUT

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990154s MUFFIN - BANANA NUT.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	155	kcal	Cholesterol	20.00	mg	Protein	3.00	g	Calcium	20.00	mg	40.65%	Calories from Total Fat
Total Fat	7.00	g	Sodium	180.00	mg	Vitamin A	0.00	RE	Iron	1.00	mg	2.90%	Calories from Sat Fat
Saturated Fat	0.50	g	Carbohydrate	20.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.50	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	51.61%	Calories from Carbohydrates
												7.74%	Calories from Protein

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Claremont USD School Food Services

000135 - MUFFIN - BLUEBERRY

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990155s MUFFIN - BLUEBERRY.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	145 kcal	Cholesterol	2.00 mg	Protein	3.00 g	Calcium	20.00 mg	37.24%	Calories from Total Fat
Total Fat	6.00 g	Sodium	180.00 mg	Vitamin A	0.00 RE	Iron	0.70 mg	3.10%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	20.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.50 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	55.17%	Calories from Carbohydrates
								8.28%	Calories from Protein

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Claremont USD School Food Services

000486 - MUFFIN - ENGLISH - 2.0

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900223s MUFFIN - ENGLISH.... 2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140	kcal	Cholesterol	0.00	mg	Protein	4.00	g	Calcium	150.00	mg	9.64%	Calories from Total Fat
Total Fat	1.50	g	Sodium	230.00	mg	Vitamin A	0.00	RE	Iron	1.80	mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	27.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	77.14%	Calories from Carbohydrates
												11.43%	Calories from Protein

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Claremont USD School Food Services

000240 - MULTIGRAIN PENNE W / MARINARA

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Eddie's Multigrain Penne

900266s Eddie's Multigrain Penne W/Marinara Sauce.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	260 kcal	Cholesterol	0.00 mg	Protein	11.00 g	Calcium	20.00 mg	10.38%	Calories from Total Fat
Total Fat	3.00 g	Sodium	520.00 mg	Vitamin A	100.00 RE	Iron	1.80 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	47.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	5.00 g	Vitamin C	9.00 mg	Ash ¹	*N/A* g	72.31%	Calories from Carbohydrates
								16.92%	Calories from Protein

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Claremont USD School Food Services

000241 - MULTIGRAIN PENNE W / MEATSAUCE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Eddies Penne W/Meatsauce

900267s Multigrain Penne W/Meatsauce.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	300 kcal	Cholesterol	10.00 mg	Protein	13.00 g	Calcium	20.00 mg	21.00%	Calories from Total Fat
Total Fat	7.00 g	Sodium	630.00 mg	Vitamin A	80.00 RE	Iron	2.70 mg	6.00%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	47.00 g	Vitamin A	400.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	5.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	62.67%	Calories from Carbohydrates
								17.33%	Calories from Protein

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Claremont USD School Food Services

000533 - NACHOS WITH GROUND BEEF CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901882s NACHOS WITH GROUND BEEF CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	281 kcal	Cholesterol	42.01 mg	Protein	17.81 g	Calcium	277.00 mg	48.51%	Calories from Total Fat
Total Fat	15.15 g	Sodium	590.01 mg	Vitamin A	82.01 RE	Iron	1.71 mg	19.53%	Calories from Sat Fat
Saturated Fat	6.10 g	Carbohydrate	19.24 g	Vitamin A	409.97 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.10 g	Vitamin C	0.38 mg	Ash ¹	*N/A* g	27.39%	Calories from Carbohydrates
								25.36%	Calories from Protein

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Claremont USD School Food Services

000524 - OATMEAL CHOC. CHIP BREAKFAST B

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900321s OATMEAL CHOC. CHIP BREAKFAST BARS.... 1 GRAMS

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	290 kcal	Cholesterol	20.00 mg	Protein	5.00 g	Calcium	0.00 mg	27.93%	Calories from Total Fat
Total Fat	9.00 g	Sodium	240.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	9.31%	Calories from Sat Fat
Saturated Fat	3.00 g	Carbohydrate	47.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	64.83%	Calories from Carbohydrates
								6.90%	Calories from Protein

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Claremont USD School Food Services

000381 - OLIVES

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 2
 Size of Portion:
 EACH SERVING

009194 OLIVES 2 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	12	kcal	Cholesterol	0.00	mg	Protein	0.15	g	Calcium	14.10	mg	76.33%	Calories from Total Fat
Total Fat	1.03	g	Sodium	134.70	mg	Vitamin A	5.25	RE	Iron	0.50	mg	10.10%	Calories from Sat Fat
Saturated Fat	0.14	g	Carbohydrate	0.84	g	Vitamin A	51.90	IU	Water ¹	12.65	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.38	g	Vitamin C	0.23	mg	Ash ¹	0.33	g	27.70%	Calories from Carbohydrates
												4.79%	Calories from Protein

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Claremont USD School Food Services

000236 - ONION BATTERED GREEN BEANS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Toasted Green Beans

900263s Toasted Onion Battered Green Beans.... 85 GRAM

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	160 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	20.00 mg	45.00%	Calories from Total Fat
Total Fat	8.00 g	Sodium	620.00 mg	Vitamin A	0.00 RE	Iron	0.72 mg	8.44%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	19.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	47.50%	Calories from Carbohydrates
								5.00%	Calories from Protein

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Claremont USD School Food Services

000206 - PANCAKE - MINI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

Alternate Menu Name:
 PILLSBURY

900039s PANCAKE - MINI.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200	kcal	Cholesterol	10.00	mg	Protein	4.00	g	Calcium	40.00	mg	27.00%	Calories from Total Fat
Total Fat	6.00	g	Sodium	370.00	mg	Vitamin A	0.00	RE	Iron	1.08	mg	4.50%	Calories from Sat Fat
Saturated Fat	1.00	g	Carbohydrate	34.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	68.00%	Calories from Carbohydrates
												8.00%	Calories from Protein

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Claremont USD School Food Services

000087 - PANCAKE - ON A STICK

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: !!!
 "PORK ITEM" !!!

990121s PANCAKE - ON A STICK.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	230	kcal	Cholesterol	15.00	mg	Protein	9.00	g	Calcium	0.00	mg	46.96%	Calories from Total Fat
Total Fat	12.00	g	Sodium	430.00	mg	Vitamin A	0.00	RE	Iron	8.10	mg	11.74%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	23.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	40.00%	Calories from Carbohydrates
												15.65%	Calories from Protein

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Claremont USD School Food Services

000192 - PANCAKE - SILVER DOLLAR

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 6

Size of Portion: EACH SERVING

900032s PANCAKES - SILVER DOLLAR.... 6 (6 EACH)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	220 kcal	Cholesterol	25.00 mg	Protein	6.00 g	Calcium	40.00 mg	14.32%	Calories from Total Fat
Total Fat	3.50 g	Sodium	*N/A* mg	Vitamin A	0.00 RE	Iron	1.80 mg	2.04%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	42.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	76.36%	Calories from Carbohydrates
								10.91%	Calories from Protein

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Claremont USD School Food Services

000473 - PANCAKES CINNAMON GLAZE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900286s PANCAKES CINNAMON GLAZE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	220 kcal	Cholesterol	10.00 mg	Protein	4.00 g	Calcium	100.00 mg	28.64%	Calories from Total Fat
Total Fat	7.00 g	Sodium	260.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	6.14%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	35.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	63.64%	Calories from Carbohydrates
								7.27%	Calories from Protein

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Claremont USD School Food Services

000399 - PATTY - CHICKEN - #3857

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900169s CHICKEN - PATTY- #3857.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	240	kcal	Cholesterol	40.00	mg	Protein	14.00	g	Calcium	20.00	mg	52.50%	Calories from Total Fat
Total Fat	14.00	g	Sodium	650.00	mg	Vitamin A	20.00	RE	Iron	1.44	mg	11.25%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	15.00	g	Vitamin A	100.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	25.00%	Calories from Carbohydrates
												23.33%	Calories from Protein

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Claremont USD School Food Services

000393 - PATTY - DELUXE - BEEF - ELEM

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: LEABO -
PIERRE - 3771

135 / 2.45 OZ

900163s PATTY - BEEF HAMBURGER.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	139 kcal	Cholesterol	37.00 mg	Protein	11.90 g	Calcium	11.10 mg	62.81%	Calories from Total Fat
Total Fat	9.70 g	Sodium	277.00 mg	Vitamin A	2.60 RE	Iron	1.30 mg	25.25%	Calories from Sat Fat
Saturated Fat	3.90 g	Carbohydrate	0.90 g	Vitamin A	13.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.40 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	2.59%	Calories from Carbohydrates
								34.24%	Calories from Protein

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Claremont USD School Food Services

000348 - PATTY - HAMBURGER - WOLFPACK Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900141s PATTY - HAMBURGER #3771.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	154 kcal	Cholesterol	41.14 mg	Protein	16.50 g	Calcium	16.80 mg	52.60%	Calories from Total Fat
Total Fat	9.00 g	Sodium	249.80 mg	Vitamin A	6.10 RE	Iron	1.53 mg	21.04%	Calories from Sat Fat
Saturated Fat	3.60 g	Carbohydrate	1.80 g	Vitamin A	30.50 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.62 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	4.68%	Calories from Carbohydrates
								42.86%	Calories from Protein

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Claremont USD School Food Services

000506 - PATTY SAUSAGE (TURKEY)

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900304s PATTY SAUSAGE (TURKEY).... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	61	kcal	Cholesterol	30.80	mg	Protein	6.24	g	Calcium	11.80	mg	59.56%	Calories from Total Fat
Total Fat	4.05	g	Sodium	122.10	mg	Vitamin A	8.36	RE	Iron	0.50	mg	16.18%	Calories from Sat Fat
Saturated Fat	1.10	g	Carbohydrate	0.16	g	Vitamin A	41.80	IU	Water ¹	*N/A*	g	1.32%	Calories from Trans Fat
Trans Fat ¹	0.09	g	Dietary Fiber	0.00	g	Vitamin C	0.50	mg	Ash ¹	*N/A*	g	1.05%	Calories from Carbohydrates
												40.78%	Calories from Protein

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Claremont USD School Food Services

000505 - PATTY SOUTHERN CHICKEN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900303s PATTY SOUTHERN CHICKEN.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	25.00 mg	Protein	13.00 g	Calcium	40.00 mg	42.35%	Calories from Total Fat
Total Fat	8.00 g	Sodium	380.00 mg	Vitamin A	0.00 RE	Iron	1.44 mg	7.94%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	11.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	25.88%	Calories from Carbohydrates
								30.59%	Calories from Protein

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Claremont USD School Food Services

000494 - PEPPERONI CALZONE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900290s PEPPERONI CALZONE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	481 kcal	Cholesterol	37.00 mg	Protein	21.88 g	Calcium	390.00 mg	38.83%	Calories from Total Fat
Total Fat	20.75 g	Sodium	709.00 mg	Vitamin A	120.00 RE	Iron	3.24 mg	16.84%	Calories from Sat Fat
Saturated Fat	9.00 g	Carbohydrate	51.00 g	Vitamin A	600.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.83 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	42.41%	Calories from Carbohydrates
								18.20%	Calories from Protein

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Claremont USD School Food Services

000534 - PEPPERONI CALZONE CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901883s PEPPERONI CALZONE CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	420 kcal	Cholesterol	21.00 mg	Protein	20.64 g	Calcium	390.00 mg	31.03%	Calories from Total Fat
Total Fat	14.48 g	Sodium	486.00 mg	Vitamin A	100.00 RE	Iron	3.06 mg	12.75%	Calories from Sat Fat
Saturated Fat	5.95 g	Carbohydrate	50.87 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.72 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	48.45%	Calories from Carbohydrates
								19.66%	Calories from Protein

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Claremont USD School Food Services

**000238 - PICK UP STICKS SPECIAL
CHICKEN**

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH SERVING

Alternate Menu Name: House
 Special Chicken

900264s House Special Chicken.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	380 kcal	Cholesterol	60.00 mg	Protein	18.00 g	Calcium	20.00 mg	23.68%	Calories from Total Fat
Total Fat	10.00 g	Sodium	940.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	5.92%	Calories from Sat Fat
Saturated Fat	2.50 g	Carbohydrate	53.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	55.79%	Calories from Carbohydrates
								18.95%	Calories from Protein

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Claremont USD School Food Services

000042 - PICKLES - DILL

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011937 PICKLES,CUCUMBER,DILL.... 1 medium

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	8 kcal	Cholesterol	0.00 mg	Protein	0.39 g	Calcium	27.30 mg	10.50%	Calories from Total Fat
Total Fat	0.09 g	Sodium	568.75 mg	Vitamin A	21.45 RE	Iron	0.24 mg	2.70%	Calories from Sat Fat
Saturated Fat	0.02 g	Carbohydrate	1.68 g	Vitamin A	118.95 IU	Water ¹	61.31 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.71 g	Vitamin C	0.52 mg	Ash ¹	1.52 g	86.33%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000372 - PIZZA - BREAKFAST HAM

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900148s PIZZA - BREAKFAST HAM.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	150 kcal	Cholesterol	10.00 mg	Protein	8.00 g	Calcium	100.00 mg	36.00%	Calories from Total Fat
Total Fat	6.00 g	Sodium	480.00 mg	Vitamin A	40.00 RE	Iron	2.70 mg	12.00%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	17.00 g	Vitamin A	200.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	45.33%	Calories from Carbohydrates
								21.33%	Calories from Protein

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Claremont USD School Food Services

000373 - PIZZA - BREAKFAST SAUSAGE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900149s PIZZA - BREAKFAST SAUSAGE.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	160 kcal	Cholesterol	10.00 mg	Protein	8.00 g	Calcium	150.00 mg	39.38%	Calories from Total Fat
Total Fat	7.00 g	Sodium	480.00 mg	Vitamin A	60.00 RE	Iron	2.70 mg	11.25%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	16.00 g	Vitamin A	300.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	40.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000410 - PIZZA - CHEESE - UPPER CRUST

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900179s PIZZA - CHEESE UPPER CRUST.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	400 kcal	Cholesterol	25.00 mg	Protein	20.00 g	Calcium	190.00 mg	27.00%	Calories from Total Fat
Total Fat	12.00 g	Sodium	920.00 mg	Vitamin A	90.00 RE	Iron	3.78 mg	13.50%	Calories from Sat Fat
Saturated Fat	6.00 g	Carbohydrate	54.00 g	Vitamin A	450.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	11.40 mg	Ash ¹	0.00 g	54.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000340 - PIZZA - FRENCH

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900144s PIZZA - FRENCH BREAD #78504.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	350	kcal	Cholesterol	45.00	mg	Protein	19.00	g	Calcium	0.00	mg	43.71%	Calories from Total Fat
Total Fat	17.00	g	Sodium	650.00	mg	Vitamin A	102.40	RE	Iron	2.00	mg	25.71%	Calories from Sat Fat
Saturated Fat	10.00	g	Carbohydrate	30.00	g	Vitamin A	512.00	IU	Water ¹	0.00	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	34.29%	Calories from Carbohydrates
												21.71%	Calories from Protein

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Claremont USD School Food Services

000352 - PIZZA - GALAXY CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900142s PIZZA - GALAXY CHEESE #78543.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	320 kcal	Cholesterol	15.00 mg	Protein	17.00 g	Calcium	333.00 mg	36.56%	Calories from Total Fat
Total Fat	13.00 g	Sodium	630.00 mg	Vitamin A	111.20 RE	Iron	3.00 mg	16.87%	Calories from Sat Fat
Saturated Fat	6.00 g	Carbohydrate	30.00 g	Vitamin A	556.00 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	37.50%	Calories from Carbohydrates
								21.25%	Calories from Protein

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Claremont USD School Food Services

000411 - PIZZA - PEPPERONI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900180s PIZZA - PEPPERONI UPPER CRUST.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	290 kcal	Cholesterol	20.00 mg	Protein	19.00 g	Calcium	0.00 mg	24.83%	Calories from Total Fat
Total Fat	8.00 g	Sodium	590.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	9.31%	Calories from Sat Fat
Saturated Fat	3.00 g	Carbohydrate	36.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	49.65%	Calories from Carbohydrates
								26.21%	Calories from Protein

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Claremont USD School Food Services

000215 - PIZZA -STUFFED CRUST PEPPERONI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900046s PIZZA - STUFFED CRUST PEPPERONI.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	390 kcal	Cholesterol	20.00 mg	Protein	18.00 g	Calcium	300.00 mg	36.92%	Calories from Total Fat
Total Fat	16.00 g	Sodium	1000.00 mg	Vitamin A	100.00 RE	Iron	10.98 mg	11.54%	Calories from Sat Fat
Saturated Fat	5.00 g	Carbohydrate	45.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	46.15%	Calories from Carbohydrates
								18.46%	Calories from Protein

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Claremont USD School Food Services

000511 - PIZZA CHEESE CRUNCHERS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900309s PIZZA CHEESE CRUNCHERS.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	400 kcal	Cholesterol	30.00 mg	Protein	20.00 g	Calcium	450.00 mg	42.75%	Calories from Total Fat
Total Fat	19.00 g	Sodium	830.00 mg	Vitamin A	100.00 RE	Iron	1.80 mg	18.00%	Calories from Sat Fat
Saturated Fat	8.00 g	Carbohydrate	41.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	5.00 g	Vitamin C	2.40 mg	Ash ¹	*N/A* g	41.00%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000509 - PIZZA ROUND TABLE CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900307s PIZZA ROUND TABLE CHEESE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	345 kcal	Cholesterol	44.30 mg	Protein	15.90 g	Calcium	279.95 mg	35.15%	Calories from Total Fat
Total Fat	13.47 g	Sodium	765.90 mg	Vitamin A	0.37 RE	Iron	2.14 mg	18.50%	Calories from Sat Fat
Saturated Fat	7.09 g	Carbohydrate	39.36 g	Vitamin A	1.84 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.03 g	Vitamin C	1.84 mg	Ash ¹	*N/A* g	45.65%	Calories from Carbohydrates
								18.44%	Calories from Protein

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Claremont USD School Food Services

000510 - PIZZA ROUND TABLE PEPPERONI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900308s PIZZA ROUND TABLE PEPPERONI.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	393 kcal	Cholesterol	37.21 mg	Protein	16.88 g	Calcium	247.35 mg	30.48%	Calories from Total Fat
Total Fat	13.31 g	Sodium	916.02 mg	Vitamin A	118.01 RE	Iron	2.69 mg	16.35%	Calories from Sat Fat
Saturated Fat	7.14 g	Carbohydrate	46.63 g	Vitamin A	590.04 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.43 g	Vitamin C	2.17 mg	Ash ¹	*N/A* g	47.46%	Calories from Carbohydrates
								17.18%	Calories from Protein

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Claremont USD School Food Services

000354 - PIZZATAS - PEPPERONI

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900140s PEPPERONI PIZZATAS-#65282.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	360 kcal	Cholesterol	35.03 mg	Protein	18.97 g	Calcium	340.05 mg	47.43%	Calories from Total Fat
Total Fat	18.97 g	Sodium	920.00 mg	Vitamin A	91.83 RE	Iron	1.23 mg	19.93%	Calories from Sat Fat
Saturated Fat	7.97 g	Carbohydrate	27.95 g	Vitamin A	459.05 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.01 g	Vitamin C	1.68 mg	Ash ¹	0.00 g	31.06%	Calories from Carbohydrates
								21.08%	Calories from Protein

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Claremont USD School Food Services

000141 - POPTART - APPLE CINN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990151s POPTART - APPLE CINN.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	0.00 mg	25.71%	Calories from Total Fat
Total Fat	6.00 g	Sodium	180.00 mg	Vitamin A	0.00 RE	Iron	*N/A* mg	8.57%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	37.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	25.71%	Calories from Trans Fat
Trans Fat ¹	6.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	70.48%	Calories from Carbohydrates
								3.81%	Calories from Protein

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Claremont USD School Food Services

000131 - POPTART WHOLE WHEAT STRAWBERRY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990152s WHOLE WHEAT POPTART - STRAWBERRY.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	210 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	0.00 mg	25.71%	Calories from Total Fat
Total Fat	6.00 g	Sodium	180.00 mg	Vitamin A	100.00 RE	Iron	1.80 mg	8.57%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	37.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	70.48%	Calories from Carbohydrates
								3.81%	Calories from Protein

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Claremont USD School Food Services

000518 - POWDER SUGAR PROBALL

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900315s POWDER SUGAR PROBALL.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	130 kcal	Cholesterol	5.00 mg	Protein	3.00 g	Calcium	60.00 mg	41.54%	Calories from Total Fat
Total Fat	6.00 g	Sodium	180.00 mg	Vitamin A	150.00 RE	Iron	2.70 mg	10.38%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	18.00 g	Vitamin A	750.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	55.38%	Calories from Carbohydrates
								9.23%	Calories from Protein

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Claremont USD School Food Services

000531 - PREM CHICKEN FILET SAND CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901880s PREMIUM ALL WHITE CHICKEN FILET SANDWICH CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	260 kcal	Cholesterol	65.00 mg	Protein	25.00 g	Calcium	0.00 mg	34.62%	Calories from Total Fat
Total Fat	10.00 g	Sodium	620.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	6.92%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	16.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	24.62%	Calories from Carbohydrates
								38.46%	Calories from Protein

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Claremont USD School Food Services

000532 - PREMIUM CHICKEN BITES

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 2

Size of Portion: EACH SERVING

901881s PREMIUM CHICKEN BITES CUSD.... 2 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	280 kcal	Cholesterol	50.00 mg	Protein	20.00 g	Calcium	0.00 mg	45.00%	Calories from Total Fat
Total Fat	14.00 g	Sodium	580.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	8.04%	Calories from Sat Fat
Saturated Fat	2.50 g	Carbohydrate	17.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	24.29%	Calories from Carbohydrates
								28.57%	Calories from Protein

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Claremont USD School Food Services

000530 - PREMIUM TENDER LOINS CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 3

Size of Portion: EACH SERVING

901879s PREMIUM TENDER LOINS CUSD.... 3 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200	kcal	Cholesterol	35.00	mg	Protein	15.00	g	Calcium	0.00	mg	45.00%	Calories from Total Fat
Total Fat	10.00	g	Sodium	420.00	mg	Vitamin A	0.00	RE	Iron	1.44	mg	6.75%	Calories from Sat Fat
Saturated Fat	1.50	g	Carbohydrate	13.00	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	26.00%	Calories from Carbohydrates
												30.00%	Calories from Protein

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Claremont USD School Food Services

000187 - PRETZEL

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900029s PRETZELS - ROLL GOLD.... 2 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	220 kcal	Cholesterol	0.00 mg	Protein	4.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	1180.00 mg	Vitamin A	0.00 RE	Iron	2.70 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	46.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	83.64%	Calories from Carbohydrates
								7.27%	Calories from Protein

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Claremont USD School Food Services

000018 - PRETZEL - GOLDFISH SNACKS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990023s PRETZEL - GOLD FISH SNACKS.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	90 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	0.00 mg	15.00%	Calories from Total Fat
Total Fat	1.50 g	Sodium	300.00 mg	Vitamin A	0.00 RE	Iron	0.72 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	17.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	75.56%	Calories from Carbohydrates
								8.89%	Calories from Protein

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Claremont USD School Food Services

000269 - QUAKER EXPRESS OATMEAL

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Quaker
Express Oatmeal

900273s Quaker Oatmeal Express.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	200 kcal	Cholesterol	0.00 mg	Protein	5.00 g	Calcium	100.00 mg	11.25%	Calories from Total Fat
Total Fat	2.50 g	Sodium	250.00 mg	Vitamin A	200.00 RE	Iron	3.60 mg	2.25%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	41.00 g	Vitamin A	1000.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	82.00%	Calories from Carbohydrates
								10.00%	Calories from Protein

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Claremont USD School Food Services

000097 - RAISINS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

009298 RAISINS,SEEDLESS.... 1 CUP,not packed

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	434 kcal	Cholesterol	0.00 mg	Protein	4.45 g	Calcium	72.50 mg	1.38%	Calories from Total Fat
Total Fat	0.67 g	Sodium	15.95 mg	Vitamin A	1.45 RE	Iron	2.73 mg	0.18%	Calories from Sat Fat
Saturated Fat	0.09 g	Carbohydrate	114.81 g	Vitamin A	0.00 IU	Water ¹	22.37 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	5.36 g	Vitamin C	3.33 mg	Ash ¹	2.68 g	105.93%	Calories from Carbohydrates
								4.11%	Calories from Protein

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Claremont USD School Food Services

000537 - RANCH DRESSING CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901886s RANCH DRESSING CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	35 kcal	Cholesterol	4.99 mg	Protein	1.05 g	Calcium	35.00 mg	48.29%	Calories from Total Fat
Total Fat	1.88 g	Sodium	181.00 mg	Vitamin A	5.20 RE	Iron	0.10 mg	13.30%	Calories from Sat Fat
Saturated Fat	0.52 g	Carbohydrate	3.50 g	Vitamin A	26.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.10 g	Vitamin C	0.50 mg	Ash ¹	*N/A* g	39.97%	Calories from Carbohydrates
								11.98%	Calories from Protein

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Claremont USD School Food Services

000334 - RAVIOLI - BEEF

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900121s RAVIOLI.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	270	kcal	Cholesterol	30.00	mg	Protein	15.00	g	Calcium	20.00	mg	26.66%	Calories from Total Fat
Total Fat	8.00	g	Sodium	760.00	mg	Vitamin A	60.00	RE	Iron	2.70	mg	11.67%	Calories from Sat Fat
Saturated Fat	3.50	g	Carbohydrate	33.00	g	Vitamin A	300.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	3.00	g	Vitamin C	2.40	mg	Ash ¹	0.00	g	48.89%	Calories from Carbohydrates
												22.22%	Calories from Protein

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Claremont USD School Food Services

000224 - RELISH - PACK

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011945 PICKLE RELISH,SWEET.... 1 1/2 TSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	10	kcal	Cholesterol	0.00	mg	Protein	0.03	g	Calcium	0.23	mg	3.25%	Calories from Total Fat
Total Fat	0.04	g	Sodium	62.09	mg	Vitamin A	1.23	RE	Iron	0.07	mg	0.37%	Calories from Sat Fat
Saturated Fat	0.00	g	Carbohydrate	2.68	g	Vitamin A	93.25	IU	Water ¹	4.75	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.08	g	Vitamin C	0.08	mg	Ash ¹	0.16	g	107.88%	Calories from Carbohydrates
												1.14%	Calories from Protein

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Claremont USD School Food Services

000198 - RICE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 50.0000

Size of Portion: EACH SERVING

- 020051 RICE,WHITE,MEDIUM-GRAIN,CKD.... 2 LB,dry wgt + 13 OZ,dry wgt
- 002047 SALT,TABLE..... 2 TSP
- 000001s WATER,BOILING..... 2 3/4 QT

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	126 kcal	Cholesterol	0.00 mg	Protein	2.32 g	Calcium	4.03 mg	1.45%	Calories from Total Fat
Total Fat	0.20 g	Sodium	95.90 mg	Vitamin A	0.00 RE	Iron	1.46 mg	0.39%	Calories from Sat Fat
Saturated Fat	0.06 g	Carbohydrate	27.81 g	Vitamin A	0.00 IU	Water ¹	119.49 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.29 g	Vitamin C	0.00 mg	Ash ¹	0.50 g	87.97%	Calories from Carbohydrates
								7.32%	Calories from Protein

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Claremont USD School Food Services

000105 - RICE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 50

Size of Portion: EACH SERVING

- 020051 RICE,WHITE,MEDIUM-GRAIN,CKD.... 2 LB,dry wgt + 13 OZ,dry wgt
- 002047 SALT,TABLE..... 2 TSP
- 000001s WATER,BOILING..... 2 3/4 QT

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	126 kcal	Cholesterol	0.00 mg	Protein	2.32 g	Calcium	4.03 mg	1.45%	Calories from Total Fat
Total Fat	0.20 g	Sodium	95.90 mg	Vitamin A	0.00 RE	Iron	1.46 mg	0.39%	Calories from Sat Fat
Saturated Fat	0.06 g	Carbohydrate	27.81 g	Vitamin A	0.00 IU	Water ¹	119.49 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.29 g	Vitamin C	0.00 mg	Ash ¹	0.50 g	87.97%	Calories from Carbohydrates
								7.32%	Calories from Protein

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Claremont USD School Food Services

001000 - RICE KRISPY TREATS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 24.0000

Size of Portion: EACH SERVING

900081s MARGARINE,REG,HARD,CORN&SOYBN (HYDR)&CTTNSD (.... 1 TBSP
 000078s MARSHMALLOWS..... 10 OZ
 008065 CEREALS RTE,KELLOGG,KELLOGG'S RICE KRISPIES..... 6 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	69 kcal	Cholesterol	0.00 mg	Protein	0.68 g	Calcium	0.67 mg	7.07%	Calories from Total Fat
Total Fat	0.54 g	Sodium	72.97 mg	Vitamin A	57.26 RE	Iron	2.41 mg	1.35%	Calories from Sat Fat
Saturated Fat	0.10 g	Carbohydrate	15.42 g	Vitamin A	153.24 IU	Water ¹	0.38 g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	0.06 g	Vitamin C	1.95 mg	Ash ¹	0.21 g	89.77%	Calories from Carbohydrates
								3.97%	Calories from Protein

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Claremont USD School Food Services

000118 - ROAST BEEF

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 2
 Size of Portion: EACH
 SERVING

990137s ROAST BEEF.... 2 OZ EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80	kcal	Cholesterol	25.00	mg	Protein	11.00	g	Calcium	*N/A*	mg	33.75%	Calories from Total Fat
Total Fat	3.00	g	Sodium	490.00	mg	Vitamin A	*N/A*	RE	Iron	1.08	mg	11.25%	Calories from Sat Fat
Saturated Fat	1.00	g	Carbohydrate	1.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	5.00%	Calories from Carbohydrates
												55.00%	Calories from Protein

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Claremont USD School Food Services

000139 - SALAD - NO DRESSING

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

- 011252 VEGETABLE - LETTUCE - ICEBERG 1/2 CUP, shredded
- 011112 CABBAGE,RED,RAW..... 1/4 CUP, shredded
- 011124 CARROTS,RAW..... 1/4 CUP, shredded

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	22 kcal	Cholesterol	0.00 mg	Protein	0.83 g	Calcium	23.43 mg	5.98%	Calories from Total Fat
Total Fat	0.14 g	Sodium	27.30 mg	Vitamin A	786.15 RE	Iron	0.37 mg	0.88%	Calories from Sat Fat
Saturated Fat	0.02 g	Carbohydrate	4.99 g	Vitamin A	4999.00 IU	Water ¹	74.53 g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	1.57 g	Vitamin C	12.61 mg	Ash ¹	0.51 g	91.88%	Calories from Carbohydrates
								15.27%	Calories from Protein

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Claremont USD School Food Services

000364 - SALAD BAR

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

- 011252 VEGETABLE - LETTUCE - ICEBERG 2 NLEA serving
- 004021 SALAD DRSNG,ITALIAN DRSNG,RED FAT..... 1 TBSP
- 011205 CUCUMBER,WITH PEEL,RAW..... 1/4 OZ
- 007079 TURKEY BREAST MEAT..... 1/4 OZ
- 011109 CABBAGE,RAW..... 1/4 OZ
- 011960 CARROTS,BABY,RAW..... 1/4 OZ
- 900275s CELERY DICED..... 1/4 OZ
- 011906 CORN,SWT,WHITE,CND,CRM STYLE,REG PK..... 1/4 OZ
- 900310s COTTAGE CHEESE DRIFTWOOD CUSD..... 1/2 OZ
- 001218 YOGURT,FRUIT VAR,NONFAT,FORT W/ VITAMIN D.... 1/4 OZ
- 901016s HAM,DELI,95% FAT-FREE..... 1/4 OZ
- 050359c ORANGES, ASSORTED VARIETIES, RAW..... 1 PIECE

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	132	kcal	Cholesterol	7.40	mg	Protein	6.23	g	Calcium	106.22	mg	12.02%	Calories from Total Fat
Total Fat	1.76	g	Sodium	408.81	mg	Vitamin A	*226.95*	RE	Iron	*1.26*	mg	1.60%	Calories from Sat Fat
Saturated Fat	0.23	g	Carbohydrate	25.83	g	Vitamin A	*2186.61*	IU	Water ¹	*224.04*	g	*0.01%*	Calories from Trans Fat
Trans Fat ¹	*0.00*	g	Dietary Fiber	5.92	g	Vitamin C	78.66	mg	Ash ¹	*1.97*	g	78.26%	Calories from Carbohydrates
												18.86%	Calories from Protein

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Claremont USD School Food Services

001051 - SALSA

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

006178 USDA COMMODITY,SALSA.... 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	10	kcal	Cholesterol	0.00	mg	Protein	0.43	g	Calcium	3.40	mg	5.00%	Calories from Total Fat
Total Fat	0.06	g	Sodium	121.90	mg	Vitamin A	15.59	RE	Iron	0.64	mg	0.75%	Calories from Sat Fat
Saturated Fat	0.01	g	Carbohydrate	1.98	g	Vitamin A	155.92	IU	Water ¹	25.43	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.40	g	Vitamin C	1.13	mg	Ash ¹	0.45	g	77.78%	Calories from Carbohydrates
												16.67%	Calories from Protein

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Claremont USD School Food Services

000479 - SANDWICH - BOLOGNA & TURKEY

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900217s SANDWICH - BOLOGNA & CHEESE.... 4 1/8 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	267 kcal	Cholesterol	36.40 mg	Protein	6.50 g	Calcium	1240.00 mg	35.45%	Calories from Total Fat
Total Fat	10.50 g	Sodium	700.00 mg	Vitamin A	20.00 RE	Iron	2.40 mg	9.12%	Calories from Sat Fat
Saturated Fat	2.70 g	Carbohydrate	29.90 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	44.86%	Calories from Carbohydrates
								9.75%	Calories from Protein

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Claremont USD School Food Services

000015 - SANDWICH - CHEESE - UNCRUSTABLE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

990020s GRILLABLE CHEESE 2 OZ.... 1 (2.0 OZ)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180 kcal	Cholesterol	0.00 mg	Protein	9.00 g	Calcium	0.00 mg	50.00%	Calories from Total Fat
Total Fat	10.00 g	Sodium	550.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	15.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	33.33%	Calories from Carbohydrates
								20.00%	Calories from Protein

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Claremont USD School Food Services

000026 - SANDWICH - ROAST BEEF

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900113s SANDWICH - ROAST BEEF.... 4 OZ + 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	67	kcal	Cholesterol	803.75	mg	Protein	24.50	g	Calcium	*N/A*	mg	503.72%	Calories from Total Fat
Total Fat	37.50	g	Sodium	5.62	mg	Vitamin A	*N/A*	RE	Iron	*N/A*	mg	*N/A**	Calories from Sat Fat
Saturated Fat	*N/A*	g	Carbohydrate	2.25	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	*N/A*	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	13.43%	Calories from Carbohydrates
												146.27%	Calories from Protein

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Claremont USD School Food Services

000383 - SANDWICH - SUNNY SIDE UP

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900154s SANDWICH - SUNNY SIDE UP.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	254 kcal	Cholesterol	162.70 mg	Protein	14.59 g	Calcium	207.60 mg	34.18%	Calories from Total Fat
Total Fat	9.65 g	Sodium	709.80 mg	Vitamin A	87.40 RE	Iron	2.61 mg	15.44%	Calories from Sat Fat
Saturated Fat	4.36 g	Carbohydrate	26.79 g	Vitamin A	171.40 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.68 g	Vitamin C	0.06 mg	Ash ¹	0.00 g	42.16%	Calories from Carbohydrates
								22.96%	Calories from Protein

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Claremont USD School Food Services

000124 - SANDWICH - TUNA

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 12

Size of Portion: EACH SERVING

- 015184 TUNA,LT,CND IN H2O,WO/SALT,DRND SOL..... 2 CAN (66.5)
- 990405s ONION POWDER..... 1 TBSP
- 011945 PICKLE RELISH,SWEET..... 2 CUP
- 004622c SALAD DRSG,MAYO TYPE,RED CAL-COMMOD..... 4 1/2 CUP
- 901846s WHEAT BREAD..... 12 (2 PIECE)
- 011288 ONIONS,FRZ,CHOPD,CKD,BLD,DRND,WO/SALT.... 2 CUP, chopped
- 002047 SALT,TABLE..... 1 TBSP
- 114657 PEPPER BLACK, GROUND..... 2 TBSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	692 kcal	Cholesterol	106.27 mg	Protein	67.51 g	Calcium	82.78 mg	24.66%	Calories from Total Fat
Total Fat	18.95 g	Sodium	2030.16 mg	Vitamin A	56.99 RE	Iron	6.12 mg	4.09%	Calories from Sat Fat
Saturated Fat	3.14 g	Carbohydrate	61.52 g	Vitamin A	674.53 IU	Water ¹	*289.64* g	*N/A*%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	4.00 g	Vitamin C	1.45 mg	Ash ¹	*6.17* g	35.57%	Calories from Carbohydrates
								39.04%	Calories from Protein

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Claremont USD School Food Services

001054 - SANDWICH - TURKEY W/CHEESE

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

- 005296 TURKEY RST,BNLESS,FRZ,SEASONED,LT&DK MEAT,RST.... 2 1/2 OZ
- 001042 CHEESE,PAST PROCESS,AMERICAN,W/DI NA PO4..... 1 slice (1/2 oz)
- 018069 BREAD,WHITE,COMMLY PREP (INCL SO..... 2 slice

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	296 kcal	Cholesterol	50.89 mg	Protein	22.07 g	Calcium	157.29 mg	30.92%	Calories from Total Fat
Total Fat	10.17 g	Sodium	1033.50 mg	Vitamin A	41.11 RE	Iron	3.05 mg	13.67%	Calories from Sat Fat
Saturated Fat	4.50 g	Carbohydrate	27.71 g	Vitamin A	133.95 IU	Water ¹	71.85 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.20 g	Vitamin C	0.00 mg	Ash ¹	3.25 g	37.44%	Calories from Carbohydrates
								29.82%	Calories from Protein

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Claremont USD School Food Services

000544 - SANDWICH GANDOLFOS ROASTED TUR

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901893s ROASTED TURKEY GANDOLFOS SANDWICH.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	60 kcal	Cholesterol	25.00 mg	Protein	10.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	670.00 mg	Vitamin A	20.00 RE	Iron	4.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	3.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	20.00%	Calories from Carbohydrates
								66.67%	Calories from Protein

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Claremont USD School Food Services

000502 - SANDWICH SPICEY GRILLED CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900299s SANDWICH SPICEY GRILLED CHEESE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	396 kcal	Cholesterol	36.85 mg	Protein	17.12 g	Calcium	431.28 mg	34.39%	Calories from Total Fat
Total Fat	15.13 g	Sodium	1074.47 mg	Vitamin A	88.79 RE	Iron	2.20 mg	16.77%	Calories from Sat Fat
Saturated Fat	7.38 g	Carbohydrate	45.56 g	Vitamin A	443.95 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.66 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	46.02%	Calories from Carbohydrates
								17.29%	Calories from Protein

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Claremont USD School Food Services

000108 - SANDWICH-HAM & CHEESE-FRENCH

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: SSH10WC

990130s SANDWICH - HAM & CHEESE FRENCH-SSH10WC.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	259 kcal	Cholesterol	163.00 mg	Protein	14.99 g	Calcium	207.00 mg	34.61%	Calories from Total Fat
Total Fat	9.96 g	Sodium	760.00 mg	Vitamin A	34.00 RE	Iron	2.42 mg	15.53%	Calories from Sat Fat
Saturated Fat	4.47 g	Carbohydrate	26.85 g	Vitamin A	170.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.68 g	Vitamin C	3.15 mg	Ash ¹	*N/A* g	41.47%	Calories from Carbohydrates
								23.15%	Calories from Protein

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Claremont USD School Food Services

000109 - SANDWICH-HAM & CHEESE-GRILLED

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: GHC46OWC

990131s SANDWICH - HAM & CHEESE GRILLED-C460WC.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	380	kcal	Cholesterol	90.00	mg	Protein	20.00	g	Calcium	200.00	mg	40.26%	Calories from Total Fat
Total Fat	17.00	g	Sodium	1100.00	mg	Vitamin A	100.00	RE	Iron	2.70	mg	16.58%	Calories from Sat Fat
Saturated Fat	7.00	g	Carbohydrate	34.00	g	Vitamin A	500.00	IU	Water ¹	*N/A*	g	*N/A%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.00	g	Vitamin C	9.00	mg	Ash ¹	*N/A*	g	35.79%	Calories from Carbohydrates
												21.05%	Calories from Protein

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Claremont USD School Food Services

000152 - SHAKER SALAD - CAESAR

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 25

Size of Portion: EACH SERVING

- 011252 VEGETABLE - LETTUCE - ICEBERG 25 SALAD
- 005360c CHICKEN - DICED..... 25 SALAD
- 051059 CHEESE - BLEND - SHREDED..... 25 SALAD
- 018242 CROUTONS,PLAIN..... 25 SALAD

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	437 kcal	Cholesterol	29.48 mg	Protein	20.77 g	Calcium	464.81 mg	40.06%	Calories from Total Fat
Total Fat	19.45 g	Sodium	946.80 mg	Vitamin A	227.13 RE	Iron	2.82 mg	16.38%	Calories from Sat Fat
Saturated Fat	7.95 g	Carbohydrate	44.28 g	Vitamin A	1324.38 IU	Water ¹	80.73 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	3.56 g	Vitamin C	1.57 mg	Ash ¹	4.19 g	40.52%	Calories from Carbohydrates
								19.01%	Calories from Protein

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Claremont USD School Food Services

000155 - SHAKER SALAD - CHEF

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 25

Size of Portion: EACH SERVING

- 011252 VEGETABLE - LETTUCE - ICEBERG 25 SALAD
- 051059 CHEESE - BLEND - SHREDDED..... 25 SALAD
- 005620c TURKEY,DICED,CKD,FROZEN-COMMOD.... 25 SALAD
- 007027 HAM - CHOPPED..... 25 SALAD

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	408 kcal	Cholesterol	107.50 mg	Protein	39.88 g	Calcium	440.88 mg	54.62%	Calories from Total Fat
Total Fat	24.74 g	Sodium	1346.53 mg	Vitamin A	227.13 RE	Iron	2.07 mg	22.29%	Calories from Sat Fat
Saturated Fat	10.09 g	Carbohydrate	4.99 g	Vitamin A	1324.38 IU	Water ¹	151.12 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	Dietary Fiber	0.67 g	Vitamin C	1.57 mg	Ash ¹	5.46 g	4.89%	Calories from Carbohydrates
								39.14%	Calories from Protein

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Claremont USD School Food Services

000189 - SHAKER SALAD - FRUIT PARFAIT

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 25

Size of Portion: EACH SERVING

- 900025s GRANOLA MALT O MEAL..... 25 SALAD
- 009048 BLACKBERRIES,FRZ,UNSWTND.... 25 SALAD
- 900018s YOGURT - 8 OZ. YOGURT..... 25 SALAD

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	356 kcal	Cholesterol	10.00 mg	Protein	12.67 g	Calcium	326.44 mg	8.83%	Calories from Total Fat
Total Fat	3.49 g	Sodium	158.07 mg	Vitamin A	26.24 RE	Iron	1.71 mg	2.55%	Calories from Sat Fat
Saturated Fat	1.01 g	Carbohydrate	73.88 g	Vitamin A	164.64 IU	Water ¹	*46.61* g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	4.83 g	Vitamin C	5.36 mg	Ash ¹	*0.29* g	82.95%	Calories from Carbohydrates
								14.22%	Calories from Protein

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Claremont USD School Food Services

000412 - SHRIMP POPPERS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900181s SHRIMP POPPERS.... 1 (20 EA SERVING)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	217 kcal	Cholesterol	39.51 mg	Protein	9.88 g	Calcium	19.75 mg	73.63%	Calories from Total Fat
Total Fat	17.78 g	Sodium	661.75 mg	Vitamin A	0.00 RE	Iron	1.78 mg	8.18%	Calories from Sat Fat
Saturated Fat	1.98 g	Carbohydrate	17.78 g	Vitamin A	0.00 IU	Water ¹	0.00 g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	1.98 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	32.73%	Calories from Carbohydrates
								18.18%	Calories from Protein

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Claremont USD School Food Services

000542 - SOUTHERN FRIED CHICKEN CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901891s SOUTHERN FRIED CHICKEN CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	343 kcal	Cholesterol	87.00 mg	Protein	29.35 g	Calcium	75.00 mg	52.45%	Calories from Total Fat
Total Fat	19.99 g	Sodium	104.00 mg	Vitamin A	40.20 RE	Iron	1.77 mg	12.23%	Calories from Sat Fat
Saturated Fat	4.66 g	Carbohydrate	9.67 g	Vitamin A	201.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.30 g	Vitamin C	0.40 mg	Ash ¹	*N/A* g	11.28%	Calories from Carbohydrates
								34.23%	Calories from Protein

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Claremont USD School Food Services

000214 - SOUTHWEST SCRAMBLE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900045s SOUTHWEST SCRAMBLE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	287 kcal	Cholesterol	102.00 mg	Protein	12.59 g	Calcium	0.00 mg	27.00%	Calories from Total Fat
Total Fat	8.61 g	Sodium	631.00 mg	Vitamin A	140.00 RE	Iron	3.06 mg	11.01%	Calories from Sat Fat
Saturated Fat	3.51 g	Carbohydrate	39.12 g	Vitamin A	700.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.78 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	54.52%	Calories from Carbohydrates
								17.55%	Calories from Protein

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Claremont USD School Food Services

000508 - SOUTHWEST SCRAMBLE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900306s SOUTHWEST SCRAMBLE.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	287 kcal	Cholesterol	102.00 mg	Protein	12.59 g	Calcium	500.00 mg	27.00%	Calories from Total Fat
Total Fat	8.61 g	Sodium	631.00 mg	Vitamin A	140.00 RE	Iron	3.06 mg	11.01%	Calories from Sat Fat
Saturated Fat	3.51 g	Carbohydrate	39.12 g	Vitamin A	700.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.78 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	54.52%	Calories from Carbohydrates
								17.55%	Calories from Protein

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Claremont USD School Food Services

000160 - SOYBUTTER

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900013s SOYBUTTER.... 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	190	kcal	Cholesterol	0.00	mg	Protein	8.00	g	Calcium	20.00	mg	71.05%	Calories from Total Fat
Total Fat	15.00	g	Sodium	125.00	mg	Vitamin A	*N/A*	RE	Iron	1.44	mg	14.21%	Calories from Sat Fat
Saturated Fat	3.00	g	Carbohydrate	8.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	0.00	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	16.84%	Calories from Carbohydrates
												16.84%	Calories from Protein

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Claremont USD School Food Services

000409 - SPAGHETTI W/MEATBALLS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900178s SPAGHETTI W/MEATBALLS-320-#240T.... 1 PORTIONS

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	309	kcal	Cholesterol	94.00	mg	Protein	16.00	g	Calcium	30.00	mg	34.95%	Calories from Total Fat
Total Fat	12.00	g	Sodium	800.00	mg	Vitamin A	190.00	RE	Iron	1.20	mg	14.88%	Calories from Sat Fat
Saturated Fat	5.11	g	Carbohydrate	40.00	g	Vitamin A	950.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.85	g	Vitamin C	13.50	mg	Ash ¹	0.00	g	51.78%	Calories from Carbohydrates
												20.71%	Calories from Protein

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Claremont USD School Food Services

000218 - SPAGHETTI WITH BEEF SAUCE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900048s SPAGHETTI WITH BEEF SAUCE.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	303 kcal	Cholesterol	51.30 mg	Protein	18.80 g	Calcium	17.80 mg	43.67%	Calories from Total Fat
Total Fat	14.70 g	Sodium	184.90 mg	Vitamin A	0.35 RE	Iron	3.48 mg	17.23%	Calories from Sat Fat
Saturated Fat	5.80 g	Carbohydrate	22.60 g	Vitamin A	1.76 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.28 g	Vitamin C	4.00 mg	Ash ¹	*N/A* g	29.84%	Calories from Carbohydrates
								24.82%	Calories from Protein

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Claremont USD School Food Services

000266 - STACY'S PITA CHIPS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Stacy's Garlic & Herb

900272s Stacy's Parmesan Garlic/Herb Baked Pita Chips.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	190 kcal	Cholesterol	5.00 mg	Protein	4.00 g	Calcium	40.00 mg	33.16%	Calories from Total Fat
Total Fat	7.00 g	Sodium	370.00 mg	Vitamin A	0.00 RE	Iron	0.72 mg	4.74%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	25.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	52.63%	Calories from Carbohydrates
								8.42%	Calories from Protein

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Claremont USD School Food Services

**000342 - STUFFED
CHEESE STICK**

Recipe HACCP Process: #2 Same Day Service

Source:
CUSD
Number of
Portions: 2
Size of
Portion:
EACH
SERVING

900139s 4 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	320	kcal	Cholesterol	45.00	mg	Protein	18.00	g	Calcium	3590.00	mg	39.38%	Calories from Total Fat
Total Fat	14.00	g	Sodium	570.00	mg	Vitamin A	2790.00	RE	Iron	0.36	mg	19.69%	Calories from Sat Fat
Saturated Fat	7.00	g	Carbohydrate	32.00	g	Vitamin A	13950.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	40.00%	Calories from Carbohydrates
												22.50%	Calories from Protein

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Claremont USD School Food Services

000344 - SUGAR PACKET

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

019335 SUGARS,GRANULATED.... 1 TSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	16 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.04 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	0.04 mg	Vitamin A	0.00 RE	Iron	0.00 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	4.20 g	Vitamin A	0.00 IU	Water ¹	0.00 g	*N/A**	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	0.00 g	103.34%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000539 - SUSHI CALIFORNIA ROLL CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901888s SUSHI CALIFORNIA ROLL CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	315 kcal	Cholesterol	15.00 mg	Protein	11.00 g	Calcium	100.00 mg	20.00%	Calories from Total Fat
Total Fat	7.00 g	Sodium	750.00 mg	Vitamin A	200.00 RE	Iron	1.80 mg	5.71%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	52.00 g	Vitamin A	1000.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	6.00 g	Vitamin C	12.00 mg	Ash ¹	*N/A* g	66.03%	Calories from Carbohydrates
								13.97%	Calories from Protein

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Claremont USD School Food Services

000540 - SUSHI CRAB ROLL CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901889s SUSHI CRAB ROLL CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	275 kcal	Cholesterol	20.00 mg	Protein	11.00 g	Calcium	100.00 mg	16.36%	Calories from Total Fat
Total Fat	5.00 g	Sodium	780.00 mg	Vitamin A	200.00 RE	Iron	1.80 mg	3.27%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	53.00 g	Vitamin A	1000.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	6.00 g	Vitamin C	12.00 mg	Ash ¹	*N/A* g	77.09%	Calories from Carbohydrates
								16.00%	Calories from Protein

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Claremont USD School Food Services

000349 - SYRUP - PANCAKE Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions:
 1.0000
 Size of Portion:
 EACH SERVING

019129 SYRUP 1 TBSP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	46 kcal	Cholesterol	0.00 mg	Protein	0.00 g	Calcium	0.59 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	16.09 mg	Vitamin A	0.00 RE	Iron	0.01 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	12.06 g	Vitamin A	0.00 IU	Water ¹	7.45 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	0.04 g	105.08%	Calories from Carbohydrates
								0.00%	Calories from Protein

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Claremont USD School Food Services

000392 - TACO MEAT BEEF-FILLING

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900162s TACO MEAT FILLING - CNQTM500.... 3 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	166 kcal	Cholesterol	42.00 mg	Protein	12.60 g	Calcium	4.90 mg	62.35%	Calories from Total Fat
Total Fat	11.50 g	Sodium	308.00 mg	Vitamin A	0.00 RE	Iron	1.20 mg	23.86%	Calories from Sat Fat
Saturated Fat	4.40 g	Carbohydrate	4.20 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	2.50 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	10.12%	Calories from Carbohydrates
								30.36%	Calories from Protein

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Claremont USD School Food Services

000501 - TAQUITO BEEF

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

900298s TAQUITO BEEF.... 2 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180	kcal	Cholesterol	20.00	mg	Protein	10.00	g	Calcium	80.00	mg	35.00%	Calories from Total Fat
Total Fat	7.00	g	Sodium	130.00	mg	Vitamin A	*0.00*	RE	Iron	1.44	mg	5.00%	Calories from Sat Fat
Saturated Fat	1.00	g	Carbohydrate	24.00	g	Vitamin A	*N/A*	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	2.00	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	53.33%	Calories from Carbohydrates
												22.22%	Calories from Protein

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Claremont USD School Food Services

000522 - TERIYAKI DIPPERS

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 4

Size of Portion: EACH SERVING

900319s TERIYAKI DIPPERS CUSD.... 4 (4 EACH SERVING)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	180 kcal	Cholesterol	35.00 mg	Protein	17.00 g	Calcium	20.00 mg	45.00%	Calories from Total Fat
Total Fat	9.00 g	Sodium	500.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	17.50%	Calories from Sat Fat
Saturated Fat	3.50 g	Carbohydrate	6.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	13.33%	Calories from Carbohydrates
								37.78%	Calories from Protein

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Claremont USD School Food Services

000396 - TORTILLA CHIPS - #310410

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900166s TORTILLA CHIPS- ROMERO'S.... 1 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140	kcal	Cholesterol	0.00	mg	Protein	2.00	g	Calcium	20.00	mg	51.43%	Calories from Total Fat
Total Fat	8.00	g	Sodium	40.00	mg	Vitamin A	0.00	RE	Iron	0.54	mg	6.43%	Calories from Sat Fat
Saturated Fat	1.00	g	Carbohydrate	19.00	g	Vitamin A	0.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.00	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	54.29%	Calories from Carbohydrates
												5.71%	Calories from Protein

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Claremont USD School Food Services

000503 - TOSTITOS SCOOPS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900300s TOSTITOS SCOOPS.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	110 kcal	Cholesterol	0.00 mg	Protein	2.00 g	Calcium	20.00 mg	20.46%	Calories from Total Fat
Total Fat	2.50 g	Sodium	110.00 mg	Vitamin A	*N/A* RE	Iron	0.36 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	19.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	69.09%	Calories from Carbohydrates
								7.27%	Calories from Protein

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Claremont USD School Food Services

000023 - TRAIL MIX

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of Portions: 1
 Size of Portion: EACH
 SERVING

990027s TRAIL MIX.... 1 (1/4 CUP)

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	140	kcal	Cholesterol	0.00	mg	Protein	2.00	g	Calcium	40.03	mg	32.14%	Calories from Total Fat
Total Fat	5.00	g	Sodium	0.00	mg	Vitamin A	0.00	RE	Iron	0.72	mg	3.21%	Calories from Sat Fat
Saturated Fat	0.50	g	Carbohydrate	24.02	g	Vitamin A	0.00	IU	Water ¹	*N/A*	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	3.00	g	Vitamin C	2.40	mg	Ash ¹	*N/A*	g	68.57%	Calories from Carbohydrates
												5.71%	Calories from Protein

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Claremont USD School Food Services

000504 - TUNA

Recipe HACCP Process: #1 No Cook

Source: CUSD
 Number of
 Portions: 1
 Size of Portion:
 EACH SERVING

900301s TUNA.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	60 kcal	Cholesterol	30.00 mg	Protein	13.00 g	Calcium	0.00 mg	7.50%	Calories from Total Fat
Total Fat	0.50 g	Sodium	250.00 mg	Vitamin A	0.00 RE	Iron	0.36 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	0.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	0.00%	Calories from Carbohydrates
								86.67%	Calories from Protein

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Claremont USD School Food Services

000116 - TURKEY BREAST SANDWICH MEAT

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 2
 Size of Portion: EACH SERVING

990135s TURKEY BREAST.... 2 OUNCES

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	60 kcal	Cholesterol	25.00 mg	Protein	9.00 g	Calcium	*N/A* mg	30.00%	Calories from Total Fat
Total Fat	2.00 g	Sodium	340.00 mg	Vitamin A	*N/A* RE	Iron	0.36 mg	7.50%	Calories from Sat Fat
Saturated Fat	0.50 g	Carbohydrate	2.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	13.33%	Calories from Carbohydrates
								60.00%	Calories from Protein

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Claremont USD School Food Services

000439 - VEGETABLE - PEAS & CARROTS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011323 PEAS&CARROTS,FRZ,CKD,BLD,DRND,WO/SALT.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	77 kcal	Cholesterol	0.00 mg	Protein	4.94 g	Calcium	36.80 mg	7.87%	Calories from Total Fat
Total Fat	0.67 g	Sodium	108.80 mg	Vitamin A	1241.60 RE	Iron	1.50 mg	1.44%	Calories from Sat Fat
Saturated Fat	0.12 g	Carbohydrate	16.19 g	Vitamin A	15222.40 IU	Water ¹	137.28 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	4.96 g	Vitamin C	12.96 mg	Ash ¹	0.91 g	84.33%	Calories from Carbohydrates
								25.75%	Calories from Protein

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Claremont USD School Food Services

001065 - VEGETABLE - PEAS - CAN

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

011309c PEAS,GRN,CND,DRND SOLIDS,HTD.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	117	kcal	Cholesterol	0.00	mg	Protein	7.48	g	Calcium	34.00	mg	5.22%	Calories from Total Fat
Total Fat	0.68	g	Sodium	372.30	mg	Vitamin A	261.12	RE	Iron	1.62	mg	0.78%	Calories from Sat Fat
Saturated Fat	0.10	g	Carbohydrate	21.42	g	Vitamin A	1305.60	IU	Water ¹	138.89	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	6.97	g	Vitamin C	15.47	mg	Ash ¹	1.65	g	73.04%	Calories from Carbohydrates
												25.51%	Calories from Protein

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Claremont USD School Food Services

000547 - VEGETABLE LASAGNA CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

901897s VEGETABLE LASAGNA CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	230 kcal	Cholesterol	15.00 mg	Protein	13.00 g	Calcium	100.00 mg	19.57%	Calories from Total Fat
Total Fat	5.00 g	Sodium	600.00 mg	Vitamin A	100.00 RE	Iron	1.08 mg	7.83%	Calories from Sat Fat
Saturated Fat	2.00 g	Carbohydrate	33.00 g	Vitamin A	500.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.00 g	Vitamin C	6.00 mg	Ash ¹	*N/A* g	57.39%	Calories from Carbohydrates
								22.61%	Calories from Protein

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Claremont USD School Food Services

000432 - VEGETABLES - MIXED CAN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1.0000

Size of Portion: EACH SERVING

011581 VEGETABLES,MXD,CND,DRND SOL.... 1 CUP

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	80	kcal	Cholesterol	0.00	mg	Protein	4.22	g	Calcium	44.01	mg	4.59%	Calories from Total Fat
Total Fat	0.41	g	Sodium	242.87	mg	Vitamin A	1898.95	RE	Iron	1.71	mg	0.94%	Calories from Sat Fat
Saturated Fat	0.08	g	Carbohydrate	15.09	g	Vitamin A	18991.13	IU	Water ¹	141.83	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	4.89	g	Vitamin C	8.15	mg	Ash ¹	1.45	g	75.59%	Calories from Carbohydrates
												21.14%	Calories from Protein

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Claremont USD School Food Services

000103 - WAFFLE - BLUEBERRY

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 2.2

Size of Portion: EACH SERVING

990126s WAFFLE - BLUEBERRY.... 2 1/4 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	232 kcal	Cholesterol	32.08 mg	Protein	4.96 g	Calcium	230.00 mg	32.91%	Calories from Total Fat
Total Fat	8.47 g	Sodium	227.57 mg	Vitamin A	6.40 RE	Iron	0.18 mg	10.84%	Calories from Sat Fat
Saturated Fat	2.79 g	Carbohydrate	33.99 g	Vitamin A	32.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.22 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g	58.70%	Calories from Carbohydrates
								8.57%	Calories from Protein

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Claremont USD School Food Services

000102 - WAFFLE - CINNAMON

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 2.2

Size of Portion: EACH SERVING

990125s WAFFLE - CINNAMON.... 2 1/4 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	231	kcal	Cholesterol	39.70	mg	Protein	5.35	g	Calcium	270.00	mg	34.49%	Calories from Total Fat
Total Fat	8.85	g	Sodium	263.23	mg	Vitamin A	21.40	RE	Iron	1.08	mg	13.56%	Calories from Sat Fat
Saturated Fat	3.48	g	Carbohydrate	32.65	g	Vitamin A	107.00	IU	Water ¹	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00	g	Dietary Fiber	1.37	g	Vitamin C	*N/A*	mg	Ash ¹	*N/A*	g	56.55%	Calories from Carbohydrates
												9.27%	Calories from Protein

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Claremont USD School Food Services

000095 - WAFFLE - MAPLE

Recipe HACCP Process: #2 Same Day Service

Source: CUSD
 Number of Portions: 2.2
 Size of Portion: EACH
 SERVING

990124s WAFFLE - MAPLE.... 2 1/4 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	231	kcal	Cholesterol	39.69	mg	Protein	5.34	g	Calcium	2510.00	mg	34.47%	Calories from Total Fat
Total Fat	8.84	g	Sodium	262.94	mg	Vitamin A	1070.00	RE	Iron	0.18	mg	13.57%	Calories from Sat Fat
Saturated Fat	3.48	g	Carbohydrate	32.55	g	Vitamin A	5350.00	IU	Water ¹	*N/A*	g	0.74%	Calories from Trans Fat
Trans Fat ¹	0.19	g	Dietary Fiber	1.26	g	Vitamin C	0.00	mg	Ash ¹	*N/A*	g	56.41%	Calories from Carbohydrates
												9.25%	Calories from Protein

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Claremont USD School Food Services

000536 - WALDDORF FRUIT SALAD CUSD

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVINGS

901885s WALDDORF FRUIT SALAD CUSD.... 1 EACH SERVINGS

*Nutrients are based upon 1 Portion Size (EACH SERVINGS)

Calories	70 kcal	Cholesterol	1.01 mg	Protein	0.95 g	Calcium	9.01 mg	50.04%	Calories from Total Fat
Total Fat	3.89 g	Sodium	32.01 mg	Vitamin A	21.80 RE	Iron	0.30 mg	5.25%	Calories from Sat Fat
Saturated Fat	0.41 g	Carbohydrate	9.09 g	Vitamin A	109.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.31 g	Vitamin C	2.10 mg	Ash ¹	*N/A* g	51.94%	Calories from Carbohydrates
								5.44%	Calories from Protein

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Claremont USD School Food Services

000520 - WATER CHESTNUTS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900317s WATER CHESTNUTS CUSD.... 1 EACH SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	50 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	0.00 mg	0.00%	Calories from Total Fat
Total Fat	0.00 g	Sodium	20.00 mg	Vitamin A	0.00 RE	Iron	1.80 mg	0.00%	Calories from Sat Fat
Saturated Fat	0.00 g	Carbohydrate	11.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	3.00 g	Vitamin C	1.20 mg	Ash ¹	*N/A* g	88.00%	Calories from Carbohydrates
								8.00%	Calories from Protein

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Claremont USD School Food Services

000239 - WHOLE GRAIN COOKIES

Recipe HACCP Process:

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: Otis Spunkmeyer
Cookies

900265s Otis Spunkmeyer Whole Grain Cookies.... 1 Grams

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	170 kcal	Cholesterol	10.00 mg	Protein	2.00 g	Calcium	0.00 mg	26.47%	Calories from Total Fat
Total Fat	5.00 g	Sodium	100.00 mg	Vitamin A	0.00 RE	Iron	1.08 mg	7.94%	Calories from Sat Fat
Saturated Fat	1.50 g	Carbohydrate	28.00 g	Vitamin A	0.00 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	65.88%	Calories from Carbohydrates
								4.71%	Calories from Protein

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Claremont USD School Food Services

000385 - WHOLE WHEAT HONEY BUN

Recipe HACCP Process: #2 Same Day Service

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

Alternate Menu Name: WHOLE WHEAT

900156s HONEY BUNS - WHEAT - WWHB360.... 1 SERVING

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	267	kcal	Cholesterol	10.07	mg	Protein	6.00	g	Calcium	160.62	mg	20.75%	Calories from Total Fat
Total Fat	6.15	g	Sodium	292.33	mg	Vitamin A	0.00	RE	Iron	2.12	mg	6.51%	Calories from Sat Fat
Saturated Fat	1.93	g	Carbohydrate	41.76	g	Vitamin A	0.00	IU	Water ¹	0.00	g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	2.46	g	Vitamin C	0.00	mg	Ash ¹	0.00	g	62.65%	Calories from Carbohydrates
												9.00%	Calories from Protein

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Claremont USD School Food Services

000174 - YOGURT - 8 OZ

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900018s YOGURT - 8 OZ. YOGURT.... 1 EACH

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	230 kcal	Cholesterol	10.00 mg	Protein	9.00 g	Calcium	300.00 mg	7.83%	Calories from Total Fat
Total Fat	2.00 g	Sodium	150.00 mg	Vitamin A	20.00 RE	Iron	0.36 mg	3.91%	Calories from Sat Fat
Saturated Fat	1.00 g	Carbohydrate	47.00 g	Vitamin A	100.00 IU	Water ¹	*N/A* g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	3.60 mg	Ash ¹	*N/A* g	81.74%	Calories from Carbohydrates
								15.65%	Calories from Protein

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Claremont USD School Food Services

000416 - YOGURT - DANIMALS

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900183s YOGURT - DANIMAL.... 4 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	115 kcal	Cholesterol	5.00 mg	Protein	5.00 g	Calcium	150.00 mg	11.74%	Calories from Total Fat
Total Fat	1.50 g	Sodium	80.00 mg	Vitamin A	0.00 RE	Iron	0.00 mg	*N/A*	Calories from Sat Fat
Saturated Fat	*N/A* g	Carbohydrate	21.00 g	Vitamin A	0.00 IU	Water ¹	0.00 g	*N/A*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	Dietary Fiber	0.00 g	Vitamin C	0.60 mg	Ash ¹	0.00 g	73.04%	Calories from Carbohydrates
								17.39%	Calories from Protein

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Claremont USD School Food Services

000466 - YOGURT- YAMI 4 OZ

Recipe HACCP Process: #1 No Cook

Source: CUSD

Number of Portions: 1

Size of Portion: EACH SERVING

900212s YOGURT- YAMI 4 OZ.... 4 OZ

*Nutrients are based upon 1 Portion Size (EACH SERVING)

Calories	110	kcal	Cholesterol	5.00	mg	Protein	4.00	g	Calcium	100.00	mg	12.27%	Calories from Total Fat
Total Fat	1.50	g	Sodium	60.00	mg	Vitamin A	20.00	RE	Iron	0.00	mg	8.18%	Calories from Sat Fat
Saturated Fat	1.00	g	Carbohydrate	20.00	g	Vitamin A	100.00	IU	Water ¹	*N/A*	g	*N/A**%	Calories from Trans Fat
Trans Fat ¹	*N/A*	g	Dietary Fiber	0.00	g	Vitamin C	1.20	mg	Ash ¹	*N/A*	g	72.73%	Calories from Carbohydrates
												14.54%	Calories from Protein

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.